

# Kalyan Lantern

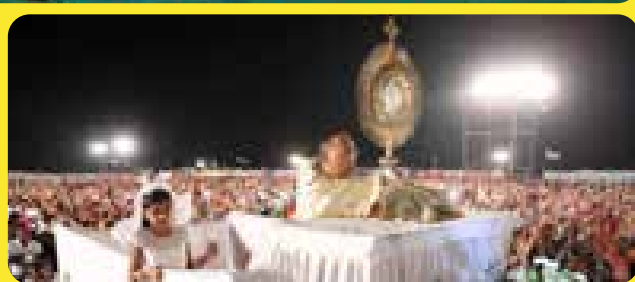
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*...And the Word became flesh...*





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#### KALYAN LANTERN

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## സർജിക്കൽ സ്ട്രൈപ്പ്

ഒരു സിവിലിയന്റെ സാധാരണ ജീവിതത്തിൽ പുതിയ അർത്ഥവും തലവും സമ്മാനിച്ചതാണ് പ്രയോഗം. സാധാരണക്കാരന്റെ ഭാഷാനിഷ്ഠതയിലുള്ള ആദ്യ പ്രയോഗം, ഭീകരതയ്ക്കെതിരായ ആക്രമണമായിരുന്നു. ഉറീ - ഭീകരാക്രമണത്തിന്റെ മാനക്കേടിൽ നിന്നും ഉയിർത്തെഴുന്നേറ്റ്, അതിന്റെ ഉറവിടത്തിൽ തന്നെ അത് പരിഷ്കരിച്ചു. രണ്ടാമത്തെ ആക്രമണം കള്ളപ്പണത്തിനെതിരായിരുന്നു. രാജ്യത്തെ ഏറ്റവും ഉയർന്ന കറൻസി നോട്ടുകൾ പിൻവലിച്ചത്; രാജ്യരക്ഷയും സുതാര്യതയും, ജനനന്മയും മുൻ നിർത്തി. ലക്ഷ്യമെന്തായാലും അത് ശരാശരി പൗരനെ നീണ്ട കൂവിലെത്തിച്ചു. ഇരുപത്തിയഞ്ച് ദിനങ്ങൾക്കപ്പുറം ഇനിയൊരു ചരിത്രത്തിലെ ഏറ്റവും മഹത്തായ 'സർജിക്കൽ സ്ട്രൈപ്പിന്റെ' അനുസ്മരണം നടക്കും. ഒരു രാജ്യത്തിനും എതിരെയല്ല; ഒരു സമൂഹത്തിനും എതിരെയല്ല; അത് മനുഷ്യകുലത്തെ മുഴുവനും, ദൈവത്തിന്റെ മടിയിലെത്തിച്ചു. വലിയ അന്ധകാരത്തിൽ നിന്ന് നമ്മെ രക്ഷിക്കാൻ തമ്പുരാൻ നേരിട്ട് നടത്തിയ 'ഓപ്പറേഷൻ'. അതിനൊപ്പം, ജീവന്റെ പവിത്രതയെ ഓർമ്മിപ്പിച്ചു കൊണ്ട് 'പ്രോ - ലൈഫ്' പ്രസ്ഥാനം നടത്തുന്ന ചില പ്രതിരോധങ്ങളിലേക്ക് നമ്മുടെ വായനയെ ക്ഷണിക്കുന്നു.





# THE HUMAN STORY





## CONCEPTION

Of the average 20,00,00,000 sperms, that try to penetrate the mother's egg cell, only one succeeds. At that very moment, a new and unique individual is formed. All of the inherited features of this new person are already set – whether it's a boy or a girl, the color of the eyes, the color of the hair, the dimples of the cheeks and the deft of the chin. He or she is smaller than a grain of sugar, but the instructions are present for all that this person will ever become.

At the moment of Conception, A Unique Person's DNA is created. A Human DNA that has never existed before, and will never be repeated again.

## DAY 01

The first cell divides in two. Each of these new cells divides again and again as they travel toward the womb in search of a protected place to grow.

## DAY 06-14

The new individual burrows into the wall of the womb.

## DAY 18-20

The foundations of the brain, spinal cord, and nervous system are laid.

## DAY 21

The heart begins to beat. An Unborn baby's heart begins to beat at 21 days after conception, before most Women Even know they are pregnant



**An Unborn baby's heart begins to beat at 21 days after conception, before most Women Even know they are pregnant.**



## DAY 26-27

The lungs begin to form.

## DAY 28-32

Tiny arms appear, budding legs follow two days later. The mouth and nose begin to form, and blood flows in the baby's veins.

## DAY 36

The baby's eyes develop their first color in the retina.

## DAY 40-41

The baby makes her first reflex movements. The fingers begin to form, followed by the toes a few days later.

## DAY 42-44

The brain is divided into 3 separate parts for emotions, hearing and seeing. Mother now misses her second period. Buds of milk teeth appear and 99% of muscles are present.

## WEEK 07

The baby's facial features are visible, including mouth and tongue. The eyelids have begun to form. The major muscle system is developed. The child has its own blood type. One hundred thousand new brain cells are formed every minute. The heart is beating 140 – 150 beats per minute – almost twice as fast as mom's. The baby is about an inch long (all stretched out) and weighs only 7 grams. At 7 weeks, the baby is about an inch long (all stretched out) and weighs only 7 grams

## DAY 52

Spontaneous movement begins. Over the next 4 weeks, baby hiccups, frowns, squints, turns her head, moves her arms and legs and yawns.

**At 7 weeks, the baby is about an inch long (all stretched out) and weighs only 7 grams**



## WEEK 08

The baby is now well – proportioned, and about the size of a thumb. Every organ is present. The liver is making blood, the kidneys function and the heart beats steadily. The skull, elbows, and knees are forming. Of the 4500 structures in the adult body, 4000 are already present. The skeleton of the arms and legs and the spine begins to stiffen as bone cells are added.

The unborn child now swims and moves gracefully inside the protective amniotic sac. Every organ is present. The stomach produces digestive juices and the liver makes blood cells. The kidneys are beginning to function and taste buds are forming. Brain waves can be measured. The heart beats sturdily. The baby's eyelids and palms of the hands are sensitive to touch. The baby is about 1.5 inches long now.

## WEEK 09

If prodded, the baby's eyelids and hands close. The thyroid gland turns on. The baby is now called a fetus, meaning "little one". The hands now bend at the wrist and fingerprints and finger nails are just beginning to show.

Elbows are formed. Nerves begin to function. The baby's bones may begin to harden. Thumb sucking occurs. The male or female organs appear. The baby will move away if touched through the uterine wall and can move spontaneously. The baby is about 2 inches now.

## WEEK 10

Fingerprints begin their 7 week long formation. Finger nails begin to develop. The child is sensitive to touch, squints, swallows, frowns and puckers up the brow. The voice box is forming. The baby will stretch out and show breathing like movements. Tiny baby teeth are forming in the gums. The heart is almost completely formed and resembles a small version of a new born baby's heart. The baby is now about 2.5 inches in length. Now the baby's main job is just to grow bigger and stronger until the day of birth.





## WEEK 11

The baby now “practices” breathing, although without air. Vocal chords and taste buds form. She can make complex facial expressions and even smile.



**Fingerprints begin their 7 week long formation. Finger nails begin to develop. The child is sensitive to touch, squints, swallows, frowns and puckers up the brow.**

## WEEK 12

Fine hair begins to grow on the upper lip, and baby swallows and responds to skin stimulation.





**Week 20:** Mom may feel the baby kick, turn or hiccup and may be able to identify a bulge as an elbow or head.

### WEEK 13

The face is prettier, and facial expression may resemble the parents. The baby is active, but mom doesn't feel anything.

### WEEK 15

A wild production of nerve cell begins and continues for a month. A second surge will occur at 25 weeks.

### WEEK 16

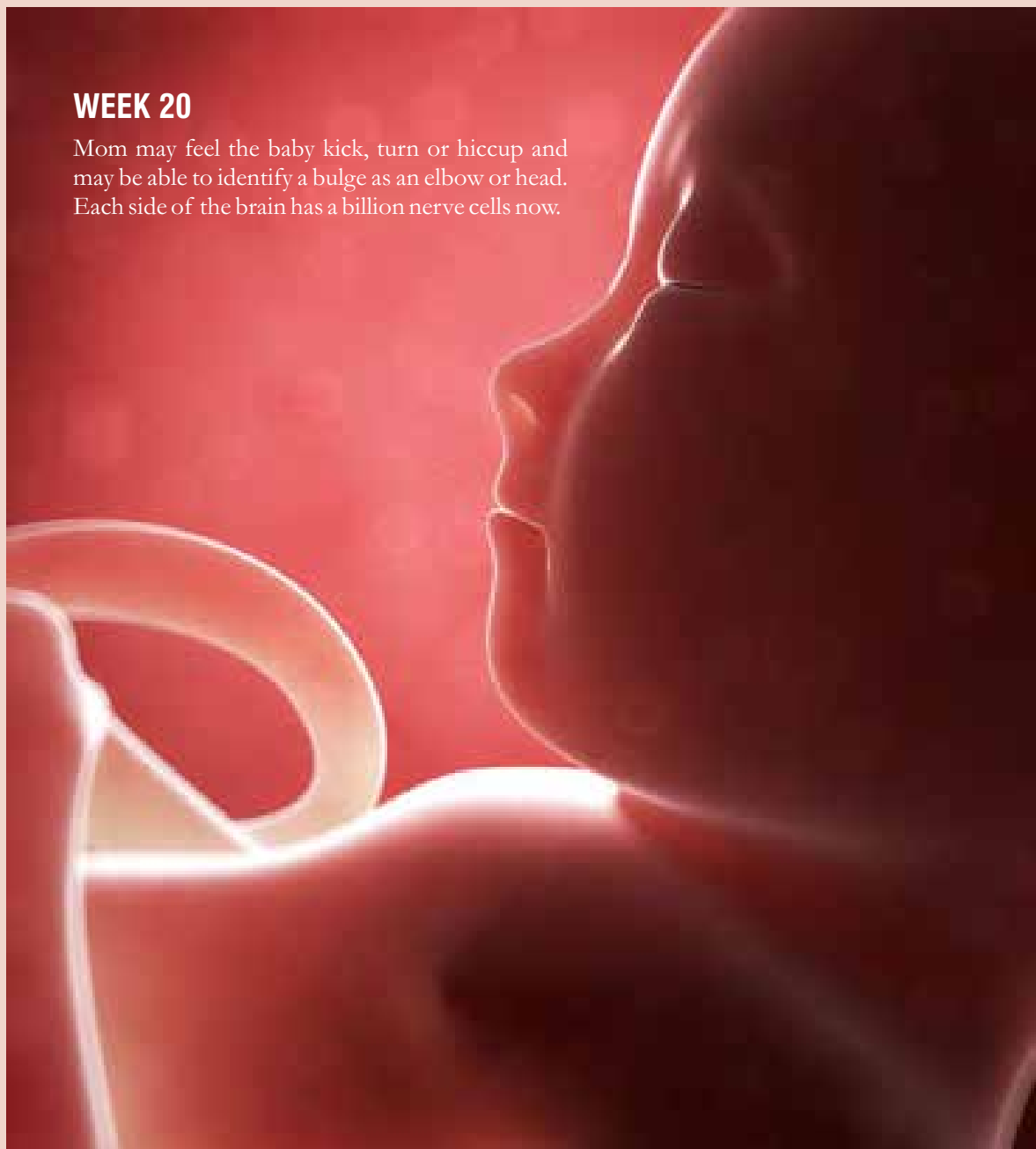
A baby may suck her thumb, turn somersaults and has a firm grip.





## WEEK 20

Mom may feel the baby kick, turn or hiccup and may be able to identify a bulge as an elbow or head. Each side of the brain has a billion nerve cells now.



## WEEK 24

The baby will be able to hear by next week. The child sleeps and wakes, nestling in her favorite positions to sleep, and stretches upon waking up.

## WEEK 32

Baby's skin becomes pink and smooth. The pupils of the eye respond to light. Baby is getting really cramped now.



## WEEK 38

The child triggers labor and birth occurs, usually 264 – 270 days after conception. And not until the baby has gone through all these events on the inside do we see the new child on the outside.

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3. O'Rahilly, R. and Muller, F., Human Embryology and Teratology, 3rd Edition, New York: John Wiley and Sons, Inc., 2001.
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**W**e always believed that our God has an awesome plan for us. Before we got married, we both hoped for more children, but not sure how many. We were certain not to use any contraceptives, because that is not the will of God. We agree with the Catholic Church that all contraceptives separate the unitative and the procreative purposes of marriage. Many inquired, why my wife did not undergo sterilization. We were convinced that



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**Many inquired,  
why my wife  
did not undergo  
sterilization.**

fertility is the greatest gift from God, calling us to participate with God in creation. In sterilization, we sense a revolt against God. By slashing the tubes of fertility we are blocking the channels of Divine blessings. Natural regulation (NFP) is pleasing and encourages us to love each other more intensely. It helps us to respect and understand each other.

Our family consists of my parents and 5 children. Children brought up in large families can understand the feelings of

others easily, they can manage things more efficiently, they can get along with all, and they will be always concerned about other members of the family. Some time it is difficult to travel together, but it is always a happy journey. As parents, sometimes we are deprived of proper sleep if our children are sick. There are financial and career difficulties, but we overcome through our faith and prayers. Since our goal is eternal life, many a time we sacrifice our personal freedom and some luxury. We are rooted in the Word of God, daily Holy Qurbana and rosary.

— Mrs. Bindu & Mr. Joseph (Joppen) Thomas, Bhyandar

**F**rom His ocean of love, the merciful Lord gave us six children. We received them joyfully in spite of many obstacles, physical ailments, insults and derisions. With each pregnancy there cropped up some problem or the other. I had muscular pain and other discomfort throughout the first three pregnancies. During my 2nd pregnancy everyone forced me to go for abortion as the 1st born was only 9 months. My 4th delivery was caesarian and the next two were normal ones. During one delivery the child's life was in danger, because the baby's neck was bound with umbilical cord. But God saved them all.

After much prayer and mutual consultation, Saju decided to give up his job in Navy, for going a good salary, to be with the children, since his absence would have deprived off his love to our children. Our God, who gave us so many children, also sends his angels, to guard them. On encountering financial difficulties, Jesus gave Saju a new good job and I received a pay hike. As of now, we have no financial liabilities. Our trust is in the Lord and He feeds us better than the birds in the sky and lilies in the field.

We have not employed a maid at home. We do everything on our own. Children are quite independent; they do everything on their own, take their own decisions and attend to younger siblings as well. They share, they pray together and interact with one another with care. Whatever the little

children ask Jesus in prayer is being granted to them. The first place is for Jesus. Every day we go for the celebration of Holy Qurbana, which is our source of strength and sustenance. We try our best to lead a simple life and try to find satisfaction in that simplicity. Our children say, "I can do all things through Him who strengthens me" (Phil 4:13)

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**During my 2nd  
pregnancy everyone  
forced me to go for  
abortion as the 1st born  
was only 9 months.**



— Mrs. Sali & Mr. Saju, Mankhurd



“

But doctors advised us to abort, since the pregnancy could be dangerous for me.

We are a family of six children. Out of the six, we lost two babies through miscarriage. Presently I'm in the 7th month of my pregnancy of our 7th child. When we found out of my pregnancy, God prepared both of us to accept the baby gracefully. But doctors advised us to abort, since the pregnancy could be dangerous for me. None the less, Jesus gave us the courage and strength to continue with the pregnancy irrespective of the price we might have to pay. To make matters worse I was admitted to ICU in a critical stage, during the 5th month, due to dengue. My platelets dipped precariously to 9000. As I was prone bleeding, doctors asked us to seek divine assistance. During my hospital stay I availed the facility of confession and received Jesus joyfully by Holy Communion. The mighty healing power of Jesus was flowing into my system through the body and blood of Jesus Christ. Gradually my blood count began to improve and it became normal and subsequently discharged in 10 days. During the 6th month, analyzing the blood report, the doctors predicted the possibility of the child being mentally challenged. God inspired me to attend the convention led by Fr. Dominic Valamanal at Airoli. During the service Fr. Dominic called out that God is touching a baby in the womb with abnormal health. We fully believe Jesus touched and healed our child.

— Mrs. Vincy Varghese, Nashik

The 2nd trimester had begun. The anomaly scan report had arrived. And to our fear the report wasn't normal. Our heart skipped a beat when the doctor uttered these words, "According to the report, the baby might have some issues". Without wasting a single second, Ritty almost immediately said, "We are fine and ready to accept what god has planned for us. And we don't need further scanning." The doctor smiled and at the same time was happy to hear Ritty's answer. As for me, I was worried, under a little fear.

A couple of days passed and I made up my mind to accept fate and keep faith in god. On the other hand Ritty also changed but the change wasn't positive. Fear crept in and she started building thoughts. What could be the issue? What can happen to the baby? The thoughts were endless. The following 4 months were tough times for us. Ethan also needed his Amma and Pappa to be fine as his life depends on us. We prayed everyday keeping our faith alive and hoping for the best to happen. A lot of well wishers and friends prayed for us and supported us in this tender moment.

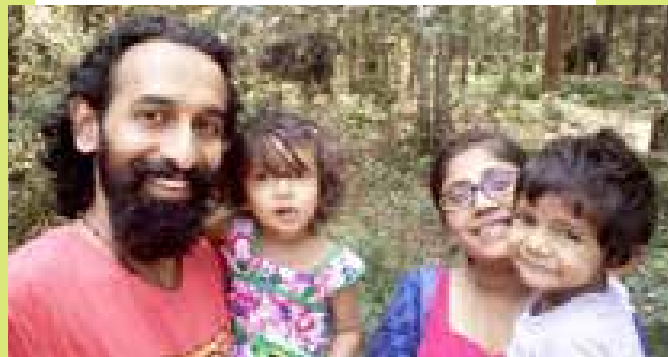
The date given to us was 26th March, 2015. Although, due to lower fluid level the doctor advised us to do the operation on 13th March, 2015. The time of our daughter's birth was 4:36 pm. We waited for the doctor to tell us how our daughter is. The news was heaven to us. Our daughter was healthy and fine by God's grace. Yes, it is the grace of God that we are blessed with a beautiful daughter.

She is the Grace of God. She is GRACE JOSEMON

— Mrs. Ritty & Mr. Josemon, Nerul Parish

“

The doctor smiled and at the same time was happy to hear Ritty's answer. As for me, I was worried, under a little fear.





# കൃപ, സ്നേഹം, സഹവാസം

പരിശുദ്ധ ത്രിത്വത്തിൽ  
കേന്ദ്രീകൃതം

“നമ്മുടെ കർത്താവീശോ  
മിശിഹായുടെ കൃപയും.....”  
എന്നു തുടങ്ങുന്ന  
പ്രാർത്ഥന രണ്ടു  
പ്രാവശ്യം നമ്മുടെ  
കുർബ്ബാനയിൽ

ചൊല്ലുന്നുണ്ട്. അനാഫൊറായുടെ ആരംഭത്തിലും അവസാനത്തിലും. കൊറീന്തിലെ സഭാസമൂഹത്തിന് വി. പൗലോസ് നൽകുന്ന അഭിവാദനമാണിത്. (1കൊറി. 13:14). പൗലോസ് ശീഹായുടെ ലേഖനങ്ങൾ മിക്കപ്പോഴും അവസാനിക്കുന്നത് ഈ ആശംസയോടെയാണ് (റോമ. 16:20; 1 കൊറി. 16:23; ഗലാ. 6:18). പാശ്ചാത്യപൗരസ്ത്യആരാധനാക്രമങ്ങളിലെല്ലാം ഇപ്രകാരമുള്ള ആശംസയോടെയാണ് വി. കുർബ്ബാനയുടെ കൂദാശാഭാഗം ആരംഭിക്കുന്നത്. അനാഫൊറാ, പരിശുദ്ധ ത്രിത്വത്തിൽ കേന്ദ്രീകൃതമാണെന്ന് ഈ പ്രാർത്ഥന നമ്മെ അനുസ്മരിപ്പിക്കുന്നു. രക്ഷാകരചരിത്രത്തിൽ പരിശുദ്ധ ത്രിത്വത്തിനുള്ള പങ്കാളിത്തമാണ് അനാഫൊറായിൽ നമ്മൾ അനുസ്മരിക്കുന്നത്. കൃപ, സ്നേഹം, സംസർഗ്ഗം എന്നീ മൂന്നു വാക്കുകളിൽ രക്ഷാകരചരിത്രം സംഗ്രഹിക്കാം. ഈ അനുഭവമാണ് വി. കുർബ്ബാനയിലൂടെ നമുക്ക് ലഭിക്കേണ്ടത്.

## കർത്താവിന്റെ കൃപ

വി. പൗലോസ് കർത്താവിന്റെ കൃപക്ക് പ്രഥമസ്ഥാനം നൽകിയിരിക്കുന്നു. കാരണം പുതിയ നിയമത്തിൽ ദൈവസ്നേഹം വെളിപ്പെടുന്നത് മനുഷ്യനായിത്തീർന്ന ദൈവപുത്രനിലൂടെയാണ്. മിശിഹായുടെ കൃപ ഒരു ദാനമാണ്, മിശിഹായുടെ കൃപയാൽ മാത്രമാണ് നമ്മൾ രക്ഷിക്കപ്പെട്ടത്. (നട. 15:11) കൂടാതെ ഈശോയിലൂടെയാണ് നാം പിതാവിന്റെ സ്നേഹവും പരിശുദ്ധാത്മാവിന്റെ സാന്നിദ്ധ്യവും അനുഭവിച്ചറിയുന്നത്.

## പിതാവായ ദൈവത്തിന്റെ സ്നേഹം

രക്ഷാകരചരിത്രത്തിന്റെ സംഗ്രഹമായി വി. യോഹന്നാൻ പ്രഘോഷിക്കുന്നത് “തന്റെ ഏകജാതനെ നൽകുവാൻ തക്കവിധം ദൈവം ലോകത്തെ അത്രമാത്രം സ്നേഹിച്ചു” (3:16) എന്നാണ്. പിതാവിന്റെ സ്നേഹമാണ് പുത്രനിലൂടെ വെളിപ്പെടുത്തപ്പെട്ടത്. ദൈവത്തിന്റെ ഈ സ്നേഹത്തിലാണ് നമ്മൾ വിശ്വസിക്കുന്നത്. (1യോഹ. 4:16). ദൈവത്തിന്റെ ഈ അവർണ്ണനീയമായ സ്നേഹമാണ് വി. കുർബ്ബാനയിലൂടെ നാം സ്വീകരിക്കുന്നത്. ദൈവത്തിന്റെ സ്നേഹത്തെയും സ്നേഹത്തിന്റെ ദൈവത്തെയും വി. കുർബ്ബാനയിൽ നാം അനുഭവിക്കണം.

## പ. ആത്മാവിന്റെ സംസർഗ്ഗം

ദൈവത്തോടുള്ള കൂട്ടായ്മയാണ് ഇവിടെ അർത്ഥമാക്കുക. പരിശുദ്ധാത്മാവാണ് നമ്മെ കൂട്ടായ്മയുടെ അനുഭവത്തിലേയ്ക്കു കൊണ്ടുവരുന്നത്. വി. കുർബ്ബാനയിലൂടെ നമുക്ക് ലഭിക്കേണ്ടത് കർത്താവിന്റെ കൃപയുടേയും കാരൂണ്യത്തിന്റേയും അനുഭവവും പിതാവായ ദൈവത്തിന്റെ അനന്തസ്നേഹത്തിന്റെ അനുഭവവും പരിശുദ്ധ ആത്മാവിലുള്ള കൂട്ടായ്മയുടെ അനുഭവവുമാണെന്നു പറയാം. (റോമ. 5:5) കൃപയെന്നും സ്നേഹമെന്നും പ. ആത്മാവിലുള്ള സംസർഗ്ഗമെന്നും പറയുന്നത് ഒരേ അനുഭവത്തിന്റെ വിവിധ തലങ്ങളാണ്.

## നാമെല്ലാവരോടും കൂടെ

ത്രിത്വൈകദൈവം നമ്മിൽ വാസമുറപ്പിക്കുന്നതും (യോഹ. 13:23) ത്രിത്വൈകദൈവത്തിന്റെ സ്നേഹത്തിന്റെ കൂട്ടായ്മയിലേക്ക് നമ്മൾ സ്വീകരിക്കപ്പെടുന്നതുമായ അനുഭവമാണ് (യോഹ. 6:56) വി. കുർബ്ബാനയിലൂടെ നമുക്ക് ലഭിക്കേണ്ടത്. അതുകൊണ്ടാണ് നമ്മോടുകൂടെ ഉണ്ടായിരിക്കട്ടെ എന്നാശംസിക്കുന്നത്. പ. ത്രിത്വത്തിന്റെ സാന്നിദ്ധ്യവും സഹവാസവും ഓരോ വിശ്വാസിയിലും നിറഞ്ഞു നില്ക്കുന്നു എന്നുള്ള നമ്മുടെ വിശ്വാസത്തിന്റെ അനുസ്മരണവും പ്രഖ്യാപനവും കൂടിയാണിത്. (നട. 17:28).

## ത്രിത്വസ്തുതി

ഇത് ത്രിത്വൈകദൈവത്തിന്റെ നാമത്തിലുള്ള ആശംസയാണ്. അതുകൊണ്ട് ഒരു ത്രിത്വസ്തുതി പോലെയാണിത്. അനാഫൊറായുടെ ആരംഭത്തിൽ ത്രിത്വൈകദൈവത്തെ വിളിച്ചുപേക്ഷിക്കുന്നതിലൂടെ കുർബ്ബാനയിലെ കൂദാശാകർമ്മം പ്രഥമമായും ത്രിത്വൈകദൈവത്തിന്റെ പ്രവൃത്തിയാണെന്ന് നാം ഏറ്റു പറയുന്നു. തുടർന്നു വരുന്ന അനാഫൊറായുടെ മൂന്നുപ്രണാമവൃത്തങ്ങൾ ഇതിന്റെ വിപുലീകരണമാണ്. പിതാവായ ദൈവത്തിന്റെ സ്നേഹത്തേയും പുത്രന്റെ കൃപയേയും അനുസ്മരിച്ചുകൊണ്ട് പ. ആത്മാവിലുള്ള കൂട്ടായ്മയ്ക്കായി പ്രാർത്ഥിക്കുന്നു. തുടർന്നു വരുന്നത് രണ്ടാമത്തെ പ്രണാമജപമാണ്. അതിൽ, പിതാവായ ദൈവത്തിന്റെ സ്നേഹവും കരുണയുമോർത്ത് മാലാഖമാരോടൊത്ത് ദൈവത്തെ സ്തുതിക്കുന്നു. മൂന്നാമത്തെ പ്രണാമജപത്തിൽ കർത്താവിലൂടെ ലഭിച്ച രക്ഷാകരകർമ്മത്തെയാർത്ത് ദൈവത്തിനു നന്ദി പറയുന്നു. നാലാമത്തെ പ്രണാമജപം, പ. ആത്മാവിന്റെ ആഗമനത്തിനുവേണ്ടിയുള്ള പ്രാർത്ഥനക്കുള്ള ഒരുക്കവുമാണ്. പരിശുദ്ധ ത്രിത്വത്തോടുബന്ധപ്പെടുത്തി വേണം വി. കുർബ്ബാനയെ മനസ്സിലാക്കുവാൻ എന്ന് ഈ പ്രാർത്ഥനകൾ വ്യക്തമാക്കുന്നു.



# GRACE, LOVE AND FELLOWSHIP

## Centered on the Holy Trinity

This prayer, beginning with the words “the grace of our Lord Jesus Christ ...” is used at the beginning and at the conclusion of the anaphora. This is the greeting given by St. Paul to the Christian Community in Corinth (2 Cor. 13:14). St. Paul often concludes his epistles with this greeting (Rom. 16:20; 1 Cor. 16:23; Gal. 6:18). Both in the Eastern and Western liturgies, the Eucharistic prayer begins with this prayer of greeting. This prayer reminds us that the anaphora is centered on the Holy Trinity. The three words; grace, love and fellowship is in a way the sum total of the whole salvation history. In the anaphora we commemorate the role of the Holy Trinity in salvation history. In the celebration of the Qurbana we are called to have the experience of the grace, love and fellowship of God.

## The Grace of Our Lord

In this formula St. Paul gives primary position to the grace of our Lord, because in the New Testament the love of God is manifested through Christ the Word incarnate. It is through Jesus that we understand and experience the love of God the Father and fellowship of the Holy Spirit. The grace of Christ is a divine gift and it is primarily through the grace that we are saved (Acts. 15:11).

## The love of God the Father

“For God loved the world so much that he gave His only Son” (Jn. 3:16). According St. John this statement is the summary of the whole salvation history. The love of God has been manifested through His Son and we all believe in this love (1 Jn. 4:16). It is this ineffable love that we receive in the Holy Qurbana. We are invited to experience in and through the Qurbana this love of God and the God of love.

## The Fellowship of the Holy Spirit

Here by fellowship we mean the communion with God. It is the Holy Spirit who brings us to

this experience of communion with God. The celebration of the Qurbana should give us the experience of the grace and mercy of our Lord and the boundless love of God the Father and the communion of the Holy Spirit (Rom. 5:5). The experience of grace, the love and the communion are different dimensions of our God experience.

## With us all

The celebration of the Qurbana should give us the experience of the Holy Trinity making us the dwelling place (Jn. 13:23) and we being received into the communion of the Trinity (Jn. 6:56). That is why we pray ‘the grace, love and fellowship be with us all’. This is also a remembrance and proclamation of the faith that there is the presence and communion of the Holy Trinity in each one of us (Acts. 17:28).

## Praise to the Holy Trinity

Calling upon the Holy Trinity at the beginning of our Qurbana is also a proclamation of the faith that the hallowing of the sacred oblation is the work of the Holy Trinity. This salutation is a greeting in the name of the Holy Trinity and hence it is rendering glory to the Triune God like ‘glory be to the Father and to the Son and to the Holy Spirit’. The three following gehanta cycle is in a way an elaboration of this prayer.

Remembering and recounting the love of the Father and the merciful deeds of the Son we pray for the communion of the Holy Spirit. In the following second gehanta prayer, after remembering the love of God, the community offers praise and glory to God together with the angels in heaven. In the third gehanta, remembering the redemptive works of Christ, the community offers thanksgiving to God. The fourth one is a preparation to invoke the presence of the Holy Spirit on oblation and the community. Thus our Qurbana is to be understood in relation to the Holy Trinity.

**മാർ തോമസ് ഇലവനാൽ**

കല്യാൺ രൂപതയുടെ മെത്രാൻ

# CHRISTMAS DECORATIONS

Christmas is just around the corner which means that it's time to start thinking about decorating your home. Though it's fun to go out shopping for Christmas ornaments, it can turn out to be quite expensive. So, why not make your own special decorations?

So friends, roll up your sleeves and unleash your artistry by following the steps mentioned below.

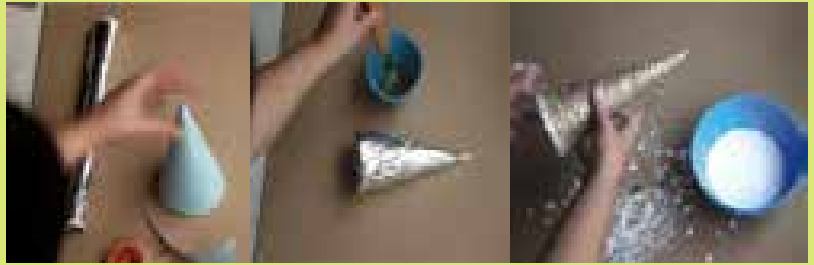
You will need-

1. Glitter
  2. Fevicol
  3. String
  4. Scissor
  5. Balloon
  6. Paper
  7. Cello tape
- Blow up the balloon to desired size, tie a knot and keep it aside.
  - Take a bowl, pour some Fevicol (well, you'll need lots of it) and then add a little bit of water. Mix 3 parts of Fevicol with 1 part of water, but it should not be too runny. Mix it well and ensure good consistency with no lumps.
  - Dip the string in this solution. This can get a little messy so place a newspaper under the bowl.
  - Now take the string and place it over the balloon and tie a knot and then go around the balloon covering all the gaps and simultaneously keep dipping the





string in the solution and keep wrapping the balloon. Basically, you need to make a web as shown in the picture. Once the balloon is covered, you may cut the string and then tie a knot.



- Hang it in a cool, dry place and keep a newspaper below it because it will drip or you can even keep it on a container and let it dry as shown here. This usually takes 24 hours to dry.
- When it is dried properly, it becomes hard. Take a pencil and with its back-end push the balloon inside. This makes the process of removing the balloon easier. And now pierce the balloon with any pointed object and remove the balloon out.
- Using a paint-brush, apply the 'water + Fevicol' solution all over it. Do not use much Fevicol as it can affect its shape.
- And then part by part, keep adding the



glitter and repeat this process until it is completely covered with glitter and then you may go ahead and use it for Christmas decorations.

- You can also make beautiful Christmas trees for which you need to fold the paper in the shape of a cone, apply cello-tape and then cut the extra part from bottom, and then wrap it with an aluminium foil followed by the remaining steps mentioned above.

**Suja Johny, Airoli**

Click photos of the beautiful Christmas ornaments that you have made using the above mentioned procedure and email them along with your name, catechism section and parish to [lanternkidsroom@gmail.com](mailto:lanternkidsroom@gmail.com) before **25th December, 2016**.

Names of the best Christmas ornament makers will be published in the next issue of The Kalyan Lantern.

## WINNERS OF THE NOVEMBER 2016 QUIZ

- 1. Alan Thomas** (Pavan Nagar, Nashik) **2. Angelina Shaju** (Goregaon West)  
**3. Celene Ciby** (Malad West) **4. Darwin Paul** (Nerul) **5. Joel Mathew** (Kalyan West)

## Pope Francis closes the Jubilee of Mercy (Agenzia Fides)

"This Year of Mercy invites us to rediscover the core, to return to what is essential. This time of mercy calls us to look to the true face of our King, the one that shines out at Easter, and to rediscover the youthful, beautiful face of the Church, the face that is radiant when it is welcoming, free, faithful, poor in means but rich in love, on mission". This is what the Holy Father said during the homily on Sunday 20 November, solemnity of Christ the King, during the Mass he presided in St. Peter's square for the closing of the Jubilee of Mercy.



## Pope issues apostolic letter on mercy (CWN)

Reflecting on the fruits of the extraordinary jubilee year of mercy, Pope Francis has issued

Misericordia et Misera, an Apostolic letter on mercy. In the letter – dated November 20 and released the following day – Pope Francis said that mercy “must continue to be celebrated and lived out in our communities. “The example of Christ's mercy toward the woman caught in adultery is “an icon of what we have celebrated during the Holy Year,” the Pope stated. “Mercy cannot become a mere parenthesis in the life of the Church; it constitutes her very existence, through which the profound truths of the Gospel are made manifest and tangible.” The experience of mercy, he continued, gives rise to the joy of knowing we are loved and turns us into instruments of mercy.



## Vatican: arranging an abortion or attempting suicide is obstacles to ordination (Catholic Herald)

The sacredness of human life is so absolute that performing or helping procure an abortion or attempting suicide is an obstacle to ordination as a Catholic priest, even if the man was not Catholic at the time the events occurred, a new Vatican ruling has said. Canon 1041 of the Code of Canon Law defines as “irregular for receiving [holy] orders” a person who has “committed voluntary homicide or procured a completed abortion and all those who positively cooperated in either,” as well as “a person who has mutilated himself or another gravely and maliciously or who has attempted suicide.”



## Pope Francis: Drugs a 'new form of slavery' (CNA)

Drug addiction is a contemporary form of slavery, Pope Francis lamented, emphasizing that a rehabilitation which restores victims' joy and dignity is much needed. "Drugs are a wound in our society. They are victims have lost their freedom to fall into slavery; slavery of a dependency we can call 'chemistry,'" the Pope said.



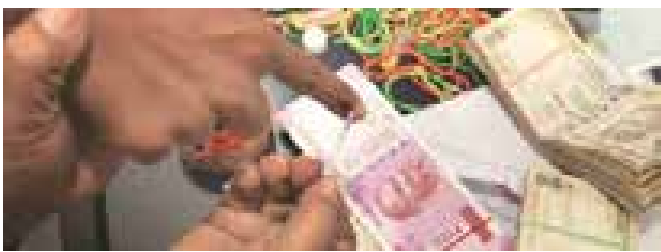
## Christians oppose India's draft education policy (ucanews)



Christians are opposing a draft education policy introduced by government worried that it will tear the country's secular fabric and prop up the caste system. The Union government published a draft education policy seeking public opinion. "The government is trying to impose an anti-people policy on the whole country. If the draft is finalized it will disturb the secular and peaceful fabric of the country," Archbishop Anil Couto of Delhi said.

## Catholic leaders: "Demonetisation only affects the poor" (Agenzia Fides)

"This approach mainly affects the poor", the Jesuit Fr. Lourdu Raj, dean of Xavier University, in Bhubaneswar. The Dominican, Fr. Francis Arackal, professor of journalism at the Amity University in New Delhi notes that "the measure is for the benefit of the rich and has a political purpose, in view of the state elections in Uttar Pradesh and Punjab in 2017". The capuchin, Fr. Suresh Mathew, director of the weekly "Indian Currents" in New Delhi, told: "No one disputes the urgency of stopping the phenomenon of the money earned in black, money laundering or the issue of counterfeit currency. According to Fr. Mathew, "the government's war against the black economy will bear fruit only if it is dealt with at the root: we must adopt administrative and punitive measures to control the black economy and stop the crime that puts into circulation counterfeit currency



## Changanacherry Archbishop pledges to donate eyes (ucanews)

Archbishop Joseph Perumthottam of Changanacherry along with 300 priests of the archdiocese has pledged to donate his eyes after death. The decision was taken at the meeting of all the priests of the Archdiocese, where the archbishop also launched the "Share Vision" project for eye donation program of the archdiocese. "Eye donation is a beautiful act of mercy that can be done by all people," the prelate said.



# KALYAN EPARCHY YOUTH TALENTIA WINNERS

## DUBSMASH



Little Flower Forane Church,  
Nerul



Immaculate Conception Church,  
Dombivili



St. Alphonsa Church,  
Vasai (W)

## DEBATE



St. Sebastian Church, Goregaon (E)



Infant Jesus Church, Vikhroli



St. Alphonsa Church, Bandra (E)



Sacred Heart Church, Bhayandar

## BREAK THRU



St Joseph's Forane Church, Powai



Immaculate Conception Church, Dombivili



Sacred Heart Church, Bhayandar



San Jos Church, Wagle Estate



St. Joseph's Church, M.C Road

**MUSICAL SKIT****Sacred Heart Church, Bhyander****Kristuraj Church, Marol****Sacred Heart Church, Goregaon (W)****St. Sebastian Forane Church, Mahim****St. Alphonsa Forane Church, Kalewadi****ONE MINUTE TO FAME****Josemin Jose & Sneha Saju, Goregaon (W)****Benjamin Ayinika, Vasai (E)****Shalom Andrews, Airoli****Sebastian Mathew & Michael Joseph, Mahim****Alby Abraham, Kalewadi****PICTURE PERFECT****Nikhil Xavier, St. Theresa's, Kandivli (W)****Levin Raju, St Bartholomew, Kalyan(E)****Cyril Joseph, St. Sebastian Goregaon(E)****Jilfred Jose, Sacred Heart, Ambarnath****Febin Raju, St Alphonsa, Vasai(W)**

# BISHOP'S DIARY

DECEMBER - 2016

<b>1st</b>	Meeting of Health Committee - Bishop's House	<b>19th</b>	MS Class - Panvel
<b>3rd</b>	School Silver Jubilee - Vasai (E)	<b>21st</b>	Curia Meeting - Bishop's House
<b>4th</b>	Pastoral Visit - Bandra (E)	<b>22nd</b>	School Annual Day - Kalyan (E)
	KMS Annual Day - Kanjurmarg (E)	<b>23rd</b>	Karunya Trust Annual Day - Kanjurmarg (E)
<b>5th</b>	MS Class - Panvel	<b>24th-25th</b>	Christmas Qurbana - Cathedral, Kalyan (W)
<b>6th</b>	Priest's Recoll, Presbyterium, Forane Vicars Meet - Panvel	<b>25th</b>	Priests get together - Bishop's House
<b>7th</b>	Head of Institutions Meet, Consultors' Meet - Bishop's House	<b>26th</b>	Priestly Ordination of Dn. Ainickal - Assisi Nagar
<b>8th-11th</b>	WRBC, WRCC - Nadiad	<b>27th</b>	Journey to Kochi
<b>12th-14th</b>	CLC - Kakkanad	<b>29th</b>	Priestly Ordination of Dn. Kalaparambil - Parekattukara
<b>14th-16th</b>	Bishops Committee - Kakkanad		Holy Qurbana - Thumparassery
<b>17th</b>	Presbyteral Council - Bishop's House	<b>30th</b>	Holy Qurbana
<b>18th</b>	Pastoral Visit - Goregaon (W)	<b>31st</b>	Priestly Ordination of Dn. Koothoor - Machad

*In Loving Memory:*

**10th Death Anniversary**  
**20-12-16**

Eternal rest, grant unto him  
oh Lord and let Perpetual  
Light shine upon him. Amen

**Missed by:**  
**Family & Friends**

**Mr. P.T. Louis**

**St. Thomas**  
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## Minor Seminary Home day Celebrations - 2016







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Own Vehicle

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# SANTWANAGRAM

## सांतवनाग्राम



Anugraha Boys Home

Ashraya Old Age home

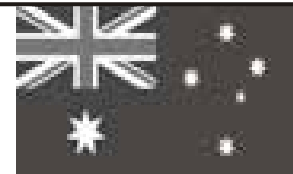
Karunodaya Girls Home

Kushivil Village, Opp. Merchant Farm, Wadi P. O. Via Kalyan, Hajimalang, Tal. Ambarnath,  
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## Jesus Ecumenical Carol Singing Competition - 2016

Alphonsa Youth Group-Kalewadi is inviting each one of you to participate in the Ecumenical Carol Singing Competition-2016 to unite and form an Army of Christ.  
"Sing praises to Christ our LORD for HE is born for me and all."

### Prizes:

- I : Late Smt. P.O. Pappachen Memorial Ever-rolling trophy & ₹ 7000/-
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  - III : Late Smt. Thomas Varkey Pashankalthe Ever-rolling trophy & ₹ 3000/-
- All participating teams will be given consolation prizes.

**MERRY  
CHRISTMAS**

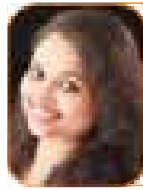
Date: 11th Dec'16.  
Venue: St. Alphonsa Forane Church, Kalewadi.  
Registration: ₹ 500/-

For further details Contact:  
Nehal Jolly - 9773615215  
Ralph Siby - 9552040040

For Regn. & Advt. please issue cheque in favour of "ST. BARTHO CHARITABLE FOUNDATION"

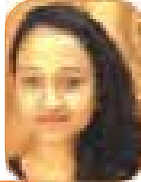


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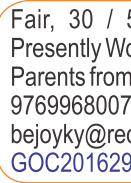


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POWAI

St. Joseph's Church

12:00 noon Adoration of the  
Blessed Sacrament

01:00 pm Walk for Life begins

TO

TIKUNJINIWADI

Mother of Victory Church

05:00 pm Dedication of the Walk for Life  
Followed by Holy Qurbana.

# Join us @ WALK FOR LIFE

## Sun. 11<sup>th</sup> Dec. 2016

So he got up, took the child and his mother during the night and left for Egypt ... (Mat 2:14)

Supported by Kalyan Laity Movement, Kalyan Pitruvedi, Kalyan Mathrusangam, Kalyan Eparchy Youth & Jesus Nurses' Fraternity

Kalyan Eparchy Pro-life Movement Email: prolife.kalyan@gmail.com | +9170452 83288

Prot No. K/12.11/01/16

Mar Thomas Elavanal, the Bishop of Kalyan, to the Priests, the Consecrated and Lay Faithful of the Eparchy of Kalyan, May the Grace of the Lord be with you all!

My dear brothers and sisters in Christ,

Modern medical science, especially embryology is unambiguously allowing us to know that at the moment of conception, a unique person's DNA is created: a human DNA that had never existed before and never will be repeated again. At conception all somatic traits of the baby -sex, hair colour, eye colour, etc. - are written in his or her genetic code. All such scientific advances confirm what the Catholic Church has been proclaiming since the time of the Apostles about the uniqueness and the special value of human life and the need to protect it. Sacred Scripture teaches us that human life is different from other types of life, because human beings are made in the very image of God: "God created man in His image; in the divine image He created him; male and female He created them" (Gen. 1:27). This dignity of a person must be recognized in every human being from conception to natural death.

St. John Paul in his Encyclical 'Gospel of Life' (EV #1) reminds us that at the dawn of the salvation, it is the Birth of a Child which is proclaimed as the Joyful news. "I am bringing you good news of great joy for all the people: to you is born this day in the city of David a Saviour, who is the Messiah, the Lord" (Lk. 2:10-11) The source of this great joy is the birth of the Saviour. At the same time, this birth reveals the full meaning of every human birth, and the joy which accompanies the Birth of the Messiah is the foundation and fulfilment of the joy at the birth of every child in the world (cf. Jn. 16:21)

It is frequently asserted that contraception, if made safe and available to all, is the most effective remedy against abortion. But, despite their differences of nature and moral gravity, contraception and abortion are often closely connected, as fruits of the same tree. The outlook and the intention of those who practice contraception and those consent for abortion are one and the same. The sexual encounter which is the beginning of life thus becomes an enemy to the life, and abortion becomes the only possible decisive response to failed contraception (EV #13). As a matter of fact, World Health Organisation confirms that unintended pregnancies are the root cause of abortion.

Today there exists a great multitude of weak and defenceless human beings, unborn children in particular, whose fundamental right to life is being trampled upon. What is our response to the news of the conception of a new life in the womb? Do we feel glad and encouraged like the shepherds and the angels or threatened and frightened like King Herod (cf. Mt. 2:3) who then clamour up to butcher the Holy Infants. In our hysterical search for life in outer space, we refuse to recognise life in the womb of the mother. The World Health Organisation estimates that more than 1,50,000 children are aborted every day. We are all aware that collaborating in the sin of abortion constitutes a grave offence. As we conclude the Extraordinary Jubilee Year of Mercy, we can hear God, the Author of Life, begging and pleading mercy for the unborn children "See, I have set before you this day life and good, death and evil. ... I have set before you, life and death, blessing and curse; therefore, choose life, that you and your descendants may live" (Dt. 30:15, 19)

Our eparchy celebrates 'Pro-life Day' on the second Sunday of the Season of Annunciation, and the whole week as 'Pro-Life Week'. This year, the culmination of this celebration is the 'Walk for Life' on the 11th of December, starting from St. Joseph's Church, Powai to Mother of Victory Church, Tiku-jini-wadi. I urge all of you to participate in this 'Walk for Life' and offer our sacrifices and prayers for saving the life of the unborn.

Let us entrust our endeavours to our Blessed Virgin Mary, the 'Mother of the Living' and seeking her intercession for the vast numbers of unborn babies who are in the danger of abortion. May she give us the strength and the inclination to proclaim, celebrate and serve the Gospel of Life.

Wishing you all a Holy and Blessed Christmas and a fruitful New Year, defending Life!

Note: This pastoral letter is to be read out during the Holy Qurbana on the 04 December, 2016



# Prayerful Wishes



**Dn. Francis Xavier (Shijo) Koothoor**

Date of ordination - 31st December 2016, Time: 9.00 a.m.  
at St. Antony's Church, Machad.



**Dn. Royas (Joseph) Kalaparambil**

Date of ordination - 29th December 2016, Time: 9.30 a.m.  
at - St. Mary's Church, Parekkattukkara.



**Dn. Raphael Ainickal**

Date of ordination-26th December 2016, Time: 4.30 p.m.  
at - St. Francis of Assisi Parish, Assisi Nagar.

# Congratulations



**Sr. Elizabeth Anithottathil (SD)**

Religious Vestition and First Profession  
on 15th October, 2016  
Mary Matha Church, Sakinaka



**Sr. Jincy Achangadan (SD)**

Religious Vestition and First Profession  
on 15th October, 2016  
St. George Church, Panvel



**Sr. Rini Panangadan (MSMI)**

Religious Vestition and First Profession  
on 24th November, 2016  
Sacred Heart Church, Goregaon (W)

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