

Kalyan Lantern

JANUARY 2016

MAHBIL/2015/63218 | MNE/353/2015-17

Vol. 01 | Issue 07 | MUMBAI | 36 Pages | Price: ₹10/-



**NURTURING
THEIR
CHILDHOOD**

പുനെ, കാലേവാഡി വിശുദ്ധ അൽഫോൻസാ തീർത്ഥാടന കേന്ദ്രത്തിൽ

തിരുനാൾ മഹാമഹം

2016 ജനുവരി 29 മുതൽ ഫെബ്രുവരി 7 വരെ

സ്നേഹമുള്ളവരെ,

കാലേവാഡി വിശുദ്ധ അൽഫോൻസാ തീർത്ഥാടന കേന്ദ്രത്തിൽ ഇടവക മദ്ധ്യസ്ഥയും ഭാരതത്തിന്റെ അഭിമാനവും, സഹനജീവിതത്തിന് പുതിയമാനവും പകർന്നു കൊടുത്ത വിശുദ്ധ അൽഫോൻസാമ്മയുടെ തിരുനാൾ ഏറ്റവും ഭക്തിനിർഭരമായി ആഘോഷിക്കുകയാണ്. അത്ഭുതകരമായ മദ്ധ്യസ്ഥ ശക്തിയിലൂടെ എവർക്കും അനുഗ്രഹങ്ങൾ ധാരാളമായി നൽകുന്ന വിശുദ്ധ അൽഫോൻസാമ്മയുടെ തിരുനാളിൽ പങ്കെടുത്ത് അനുഗ്രഹ സമ്പന്നരാകുവാൻ എവരെയും സാദരം ക്ഷണിക്കുന്നു.



28/01/2016 Thu. 5:30 p.m.	കുന്ദസാരം, കുർബ്ബാന, ഒരുക്കുയാനം
29/01/2016 Fri. 7:00 p.m.	കൊടിയേറ്റ്, ലഭിഞ്ഞ്, കുർബ്ബാന, നൊവേന, നിയോഗം: മാതാപിതാക്കൾ, ദമ്പതികൾ MAR ANTONY PRINCE PANENGADEN (Bishop of Adilabad)
30/01/2016 Sat. 7:00 p.m.	ലഭിഞ്ഞ്, കുർബ്ബാന, നൊവേന - നിയോഗം: വൃദ്ധജനങ്ങൾ
31/01/2016 Sun. 9:00 a.m.	ലഭിഞ്ഞ്, കുർബ്ബാന, നൊവേന, വാഹനവെഞ്ചരിപ്പ് (Four wheelers) - നിയോഗം: കുട്ടികൾ
01/02/2016 Mon. 7:00 p.m.	ലഭിഞ്ഞ്, കുർബ്ബാന, നൊവേന, വാഹനവെഞ്ചരിപ്പ് (Two wheelers) - നിയോഗം: കുടുംബങ്ങൾ
02/02/2016 Tue. 7:00 p.m.	ലഭിഞ്ഞ്, കുർബ്ബാന, നൊവേന - നിയോഗം: വിവാഹാർത്ഥികൾ
03/02/2016 Wed. 7:00 p.m.	ലഭിഞ്ഞ്, കുർബ്ബാന (മലങ്കര ക്രമത്തിൽ), നൊവേന നിയോഗം: സമർപ്പിതർ
04/02/2016 Thu. 5:30 p.m.	പ്രഥമ ദിവ്യകാര്യം സ്വീകരണവും സൈമറുലേപനവും ലഭിഞ്ഞ്, കുർബ്ബാന, നൊവേന - നിയോഗം: കരുണയുടെ വർഷം MAR THOMAS ELAVANAL (Bishop of Kalyan)
05/02/2016 Fri. 5:30 p.m.	ലഭിഞ്ഞ്, കുർബ്ബാന(മറാഠിയിൽ), നൊവേന, നിയോഗം: ഇടവക സമൂഹം ഇടവകദിനാഘോഷം (Parish Day Celebration)
06/02/2016 Sat. 5:30 p.m.	ലഭിഞ്ഞ്, കുർബ്ബാന (ലത്തീൻ ക്രമത്തിൽ), നൊവേന കലാവിരുന്ന് - നിയോഗം: സുവിശേഷവൽക്കരണം
07/02/2016 Sun. 5:00 p.m.	ആഘോഷമായ തിരുനാൾ കുർബ്ബാന
6:30 p.m.	വാദ്യമേളങ്ങളുടെ അകമ്പടിയോടെ പ്രദക്ഷിണം സ്നേഹവിരുന്ന്

Fr. Francis Kottarathil
Rector

T. D. Johnson & Sujith Pappachan
Trustees

Suresh Mathew
Convenor

N.B.: തിരുനാൾ പ്രസുദേന്തി ആകാൻ താൽപര്യപ്പെടുന്നവർ 9890163902 എന്ന നമ്പറിൽ ബന്ധപ്പെടുക.
പേരുകൾ നൽകേണ്ട അവസാന തീയതി - ജനുവരി 10, 2016
Email: puneforane@alphonsakalewadi.in



JANUARY 2016 MAHBIL/2015/63218 | MNE/353/2015-17

Kalyan Lantern

Vol. 01 | Issue 07 YOUR WORD IS A LAMP TO MY FEET AND A LIGHT TO MY PATH

—≡≡≡ Happy New Year ≡≡≡—

05 The Three Magic Words -
PLEASE, THANK-YOU & SORRY

TOUCH-ME-NOT 08

11 ABUSE...
THE SWORD THAT PIERCES
A MOTHER'S HEART

INTERVIEW WITH
PROF. DR. D.K.DESHMUKH,

13

EDITORIAL

KIDS CORNER

DIOCESAN NEWS

HOLY QURBANA

CHURCH NEWS

GODS OWN CHOICE

‘തിരികെ തരികെൻ ബാല്യം’

നമ്മുടെ കുട്ടികൾ തീർത്തും സുരക്ഷിതരാണോ? ജി.പി.എസ് ഘടിപ്പിച്ച സ്കൂൾ ബസ്സുകൾക്കു പുറത്തേയ്ക്ക് അവരുടെ സംരക്ഷണത്തെ നാം ഓർക്കുന്നുണ്ടോ? ഇന്റർനെറ്റിൽ പാരന്റെൽ ലോകം കഴിഞ്ഞാൽ നമ്മുടെ കുട്ടികൾ സുരക്ഷിതരായി എന്ന് കരുതാമോ? ഭൗതിക സാഹചര്യങ്ങൾക്കപ്പുറത്തേയ്ക്ക് ‘സുരക്ഷിതം’ എന്ന വാക്കിനെ നാം കൊണ്ടു നടക്കാറുണ്ടോ?

ഭാരതീയ ശിശു - സ്ത്രീ - ക്ഷേമവകുപ്പ്, പ്രയാസ് എന്ന എൻ.ജി.ഒ.യും യൂണിസെഫും ചേർന്ന് നടത്തിയ സർവ്വേയിൽ നിന്ന് ഞെട്ടിപ്പിക്കുന്ന വിവരങ്ങൾ പുറത്തു വരുന്നു. (Times of India, Jan. 2, 2016) സർവ്വേയിൽ ആകെ പങ്കെടുത്തത് 5നും 12നും ഇടയിൽ പ്രായമുള്ള 12,467 പേർ. അവിലേന്ത്യ തലത്തിൽ നടത്തിയ ഈ പഠനത്തിൽ 53.22% കുട്ടികൾ ഏതെങ്കിലും രീതിയിൽ ദുരുപയോഗപ്പെടുന്നു എന്ന് കണ്ടെത്തി. ഓരോ മൂന്നു കുട്ടികളിലും രണ്ട് പേർ വീതമെങ്കിലും പീഡിപ്പിക്കപ്പെടുന്നു!

നമ്മുടെ ഉത്തരവാദിത്വത്തിന്റെ വ്യാപ്തി വർദ്ധിക്കുന്നു. ശിശുപീഡനങ്ങളിൽ പ്രതിസ്ഥാനത്ത് നിൽക്കുന്നത് നമ്മോട് ഏറ്റവും അടുത്തിട പഴകുന്നവരാകാം! വീട് അവരുടെ ബാല്യം നിറയ്ക്കുന്ന വർണ്ണചെപ്പുകളാകട്ടെ!

PATRON Bishop Mar Thomas Elavanal

CHAIRMAN

Msgr. Emmanuel Kadankavil

CHIEF EDITOR Fr. Sheen Chittatukara

ASSOCIATE EDITOR Fr. Sinto Chaliserry

EDITORIAL BOARD

Fr. Benny Thanninilkumthadathil | Fr. Liju Keetickal
Mrs. Rosily Thomas | Miss AnnRary Thekiniath
Mr. Biju Dominic | Dr. C.P. Johnson | Mr. Roy J. Kottaram
Mr. Babu Mathew | Mr. Joseph Chittilapilly

MARKETING MANAGERS

Fr. Lijo Mullonkal
Mr. Roy Philip

CIRCULATION MANAGER

Fr. Kiran Eluvathingal

DESIGN & PAGE LAYOUT

Mr. Josemon Vazhayil

THE LANTERN

Diocese of Kalyan, Plot No. B/38, P.B. No. 8434, IIT P.O., Powai Mumbai, Maharashtra, India - 400076. Tel. (+91) (022) 2578 5515, 2578 2385
E-mail: kalyanbulletin@gmail.com • kalyanlantern@gmail.com | Website: www.dioceseofkalyan.org | Matrimonial website: www.godsownchoice.com

The Three Magic Words - PLEASE, THANK-YOU & SORRY



"Learn to say 'please' for asking without demanding, to say 'thank-you' as an expression of genuine gratitude, and to say 'sorry' for asking forgiveness when we erred. Let these three amazing words help us in the Jubilee Year of Mercy to create a culture of shared life and respect for our surroundings"

– Pope Francis

If we think about our daily routine - be it at home, work or any other place - interacting with people constitutes a major component of our lives. However we all have different styles of interacting and communicating with people. Practising the usage of three simple words of politeness - please, thank-you and sorry - can work wonders for us. If we genuinely use these words in our day-to-day communication, we will definitely find a change in the way people respond to us and our actions.

Please, thank-you and sorry are the three words that Pope Francis would write on the door of every family home as they are the key to living well and in peace both inside and outside the home. The Pope described them as simple, but containing great strength. However, they



BUILDING HOMES OF MERCY

are not so easy to put into practice.

So, let's see how and why to use these three words:

1. Please

Often we take things for granted and order other people to do things for us, rather than requesting them to oblige. This does not help as the other person feels as if he/she is forced to do this for us. Just adding a simple and sweet 'please', could completely change the attitude towards us. Even if he/she can't do it at that time, they will make it a point to help us the next time!

Do not forget to kindly ask for something that we may think is our due. For example practice to ask 'Please, can I do it?' and 'Would you like me to do this?'. That language is polite and full of love. And that would do so much good for us, I am sure.

Pope Francis advises the family: The ability to enter the life of another person, even when that person forms part of our life, requires the delicacy of a non-intrusive attitude - that renews trust and respect. Confidence, then, does not authorise us to take everything for granted. Reflect on this thought and look for opportunities to demonstrate these values within the family.

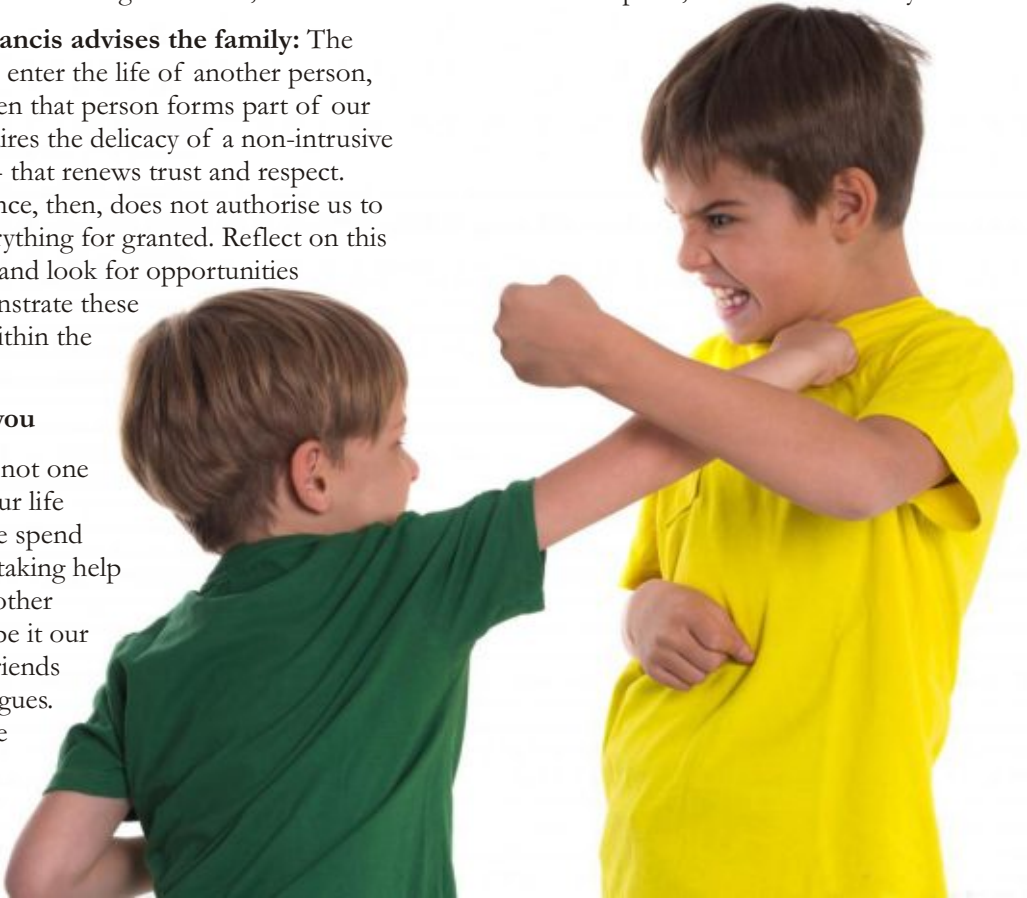
2. Thank you

There is not one day of our life which we spend without taking help from another person, be it our family, friends or colleagues. From the time we start our

day till we sleep, we have already taken a number of favours. However, how many times do we thank the other person. Be free and generous in saying Thank-You! Express your gratitude! It does not take away your credit, but definitely makes the other person happy and more willing to help you the next time! So, let's learn the habit of using the powerful word, thank-you.

Gratitude is a plant that grows only in the land of noble souls. We must be uncompromising on teaching gratitude, recognition, human dignity and social justice. Pope Francis states, "A Christian who does not know how to give thanks is one who has forgotten the language of God". Recall Jesus' question, when He healed ten lepers and only one of them came back to thank Him.

On the flipside, kindness and ability to





thank are these days seen as a sign of weakness, sometimes they even arouse suspicion. For some people, the words “thank you” have become a little like “ok, you can go now.” We should be careful to not abuse this powerful phrase.

3. Sorry

The proverb says, "To err is human ...", and we do exercise this as a right many times a day! However, as easy as we may find to commit a mistake, it is tremendously difficult to accept it and apologise for it. This barrier to accept our mistake and take responsibility for it causes strains in our relationships - be it with a family member, friend or colleague. Saying sorry does not really disgrace anyone, on the contrary puts the person in a more respectable position.

Sorry is a difficult word, certainly, yet so necessary. When it is lacking, cracks gradually open up in relationships that can even lead to collapse. So many wounds of suffering, so many tears begin with the loss of this precious word: 'I'm sorry'. Pope Francis exhorts, “Recognition of having erred, and willingness to give back what has been taken away - respect, honesty, love – makes us worthy of forgiveness”. The

Lord's Prayer teaches us 'forgive us our trespasses, as we forgive those who trespass against us'.

If we are unable to apologise, it means that we are unable to forgive. Our Holy Father advises: “Never end a day without making peace. Listen well: Couples have a fight? Children argue with their parents? But it is not the problem: the problem is that this feeling is present the next day. So if you have quarrelled, never end the day without re-establishing peace in the family. And how do you make peace? Get down on your knees? No! Only a small gesture, is all that is required. And bring family harmony back. It is not easy! But you have to do it. And with that life will be more beautiful”.

These three key words are simple ones, and perhaps at first make us smile. But when we forget them, there's nothing to laugh about, right? May the Lord kindly help us to cultivate them in our hearts, in our homes, and in our society.

Thank you.



Dr C.P. Johnson,
Youth Catechist, Eparchy of Kalyan

TOUCH - ME - NOT

Her fear was alive again. Having grown over the years, it was sleeping dormant in her innermost being. She had pushed him away. Again. Tears gushed silently from her lost eyes as she turned over and stared into space. The wound in her heart lay fresh open. Lying beside her was the man she had married just a week ago and this wasn't the first time she had violently pushed him away. She hated herself for being violently repulsive. She loved him and knew that he did too. Her heart told her it was time, the clock was ticking away...

She had battled with her childhood demons for long now, alone. They have been haunting her day and night and were responsible for her terribly introvert self. She was a lovely woman; smart and well established in her career. Yet, her later childhood photographs never show her smiling. She used to cringe when even her mother hugged her. Well, yes. She Hated her body. And it was time to tell the man who lay next to her now why...

She closed her eyes and her mind raced back in time. Flashes of blurry but starkly distinct images clouded her eyes. She felt someone's hands moving



over her skin, confusing her little mind. She couldn't ask or reason, it was someone she knew so well and loved being with. Those hands were loving at first. With time, they became insensitive, painful, cruel. Soon, it wasn't just hands anymore. It was pain way more than a girl of 8 could take. When she asked, she was rebuked and silenced by her assailant. His voice and his words were to haunt her for as long as she lived, "Do not tell this to anyone", "They will hate you", "It's our little secret"... Whom could she talk to? The phase had made her an introvert and she had no friends. She

truly believed it was all her fault. She was sure her parents wouldn't believe her. After all, they knew him so well. She didn't want them to hate her nor did she want to hurt them. Her physical torture stopped when she was 14 and she was later sent away for further studies. But her nightmares wouldn't stop nagging her yet.

She grew, emotionally and physically. Sure enough, she began to hate her body and even loathed anyone touching her or coming too close to her. Housing a severe self-confidence lag, she had a tough time finding her way in the outside world.

“

She felt someone's hands moving over her skin, confusing her little mind. She couldn't ask or reason, it was someone she knew so well and loved being with. Those hands were loving at first.

She pushed that traumatic phase to the back of her mind and tried to bury it deep by embracing new memories and meeting wonderful people. She had to fight her demons hard, but she did succeed. She was ironically a happy chirpy company to be with, loved by friends and escalating the heights of her career path slowly, but steadily. It was then that she met this man who was to be her life partner. She doubted her worthiness, but was innately glad that her future looked at last pleasant.

Considering that little disturbing memory she had left buried deep in the recesses of her mind, intimacy and commitment issues could be well foretold in any relationship she was to be involved in. But No one knew. There wasn't a single soul with whom she had ever shared her gruesomely traumatic childhood and you cannot blame her for it. Apart from the flaws in their physical intimacy,

her marriage with him was a perfect union. It troubled her deeply to pain him such. It was like she was living it all over again. She could sense her demons coming for her. That touch, those hands, the evil things it did to her. Her head started spinning and she felt her insides turning over. Her body screamed 'Noooo'. A hate-filled force from her gut instinctually flowed into her hands, into her whole being and she Shoved Him Away. Again.

That excruciating memory had taken over the control of her body and being. She just couldn't make herself or rather, her body to trust any touch or its person. She strived to get to terms with it only to fail miserably, every time. Old lessons die hard. She had learnt it the bitter, hard way. But he was an understanding man. He embraced her being and her wounds. Together, they taught her body to trust again and bought back alive her little self. They fought with and won over her demons, they buried them deep and she forgot about it all completely. With a regained physical self-confidence, she lived a happily ever after life... or not? Because soon, she found herself expecting and she found herself desperately praying, not to not give birth to a girl but to not give birth to another victim of abuse...

Would those wounds be cut open again?

A She within she, she bore...

Darkness gripped her innermost being,
A fear she feared for another She,
her own Image.

In She she saw a little she; Sleep
Was hereon to elude her deep...

The little swing she wanted to push higher,
Ensuring She's feet never touched the dark
mortal earth.

Those stone chills that ran down her spine;
Awoke

In her an old Me.



Ms. Jerin Jacob



ABUSE...

THE SWORD THAT PIERCES A MOTHER'S HEART

I was a girl...

As a girl, years ago, I learnt what abuse is, especially sexual abuse. I have faint memories of my mother telling me to be careful while walking, especially at crowded places, to make sure that nobody rubs or touches my front or back. So the school bags and later the college bags were placed at such an angle that when you squeeze towards the front of the bus between two men you don't have to feel that 'dirty touch' which more than often recurs. But like all most girls of my age, abuse still took place. Just in passing he pinches you on your back or hits you on your breast or that uncle who makes you sit on his

lap and rubs against you. I have often wondered as a young girl what joy a man gets when he traumatizes and imbeds in her mind deep filthy memory of his touch...

I am a mom...

Today I would do anything to protect my children from these. A little late and there is no sign of my children and by default the heart starts panicking and the mind starts reciting the 'Memorare'. The fear is deep... very deep... but the faith too is deep. So if there is faith why is there fear...? I realize this is an added feature to the model called 'mom'. As a mother, I tell my children to not allow anyone to touch them inappropriately... the good touch bad touch bit... to tell me freely if they feel discomforted by someone... to dress appropriately. The usual arguments ensue... why should we be careful always, why can't mothers raise their sons to respect girls. All these are debating questions which are organic responses by seasoned teenagers. A mom knows in her transition from a girl to a woman she has transformed her thoughts too. It's now more common sense that prevails.

My mother said, once you become a mother this fear for your child will be there till you die. And she taught me through her own Parenting Leadership style of 'Tell-show-Do'.

Ha, there are these foolproof tools as Parents we can use to protect our Children:

- a. Recite Psalms 91 (for protection)
- b. Recite Wisdom 9 (for common sense)
- c. Recite the Rosary (for the protection fencing)
- d. Recite the 'Memorare' at all times (believe

me it works)

- e. Pray for your own and others children too (this is very imp..)

And, for all those traumatized by hurts, already caused by abuse:

- a. Take the Precious blood of Jesus and bless your children right from the crown of their heads to the very soles of their feet.
- b. Counsel, Love, Care and Pray
- c. do the above abundantly...
- d. Most importantly, do pray for other children too (this definitely works)

Believe your child when he or she tells you that he or she is being molested or she was molested, even if it is about your own family members.

Talk to your child.

Make them feel comfortable about talking to you.

Teach them about good touch and bad touch.

If your child does confide in you about abuse do not start screaming at them or blame them.

Reassure her that it is not her fault because every minute after the incident her mind will keep saying, "What if I never went there? What if..."

Make sure they get counseling. It could be from a psychologist or even someone she trusts.

The Catholic Church teaches us, that Children are the supreme Gift given to us by GOD in Holy Matrimony. As parents, this Gift given to us has to be protected – both Body and Soul. May we always plead GOD to shield our Children from hurt and harm. Amen.



Ms. Rose Joseph

SUDISHA: COUNSELLING AND CRISIS MANAGEMENT CELL
Psycho-Spiritual guidance by trained and experienced team of counsellors

HELPLINE: 7506244824

(Calls will be attended between 10.00 am to 4.00 pm, Monday to Friday)



INTERVIEW WITH PROF. DR. D.K. DESHMUKH,

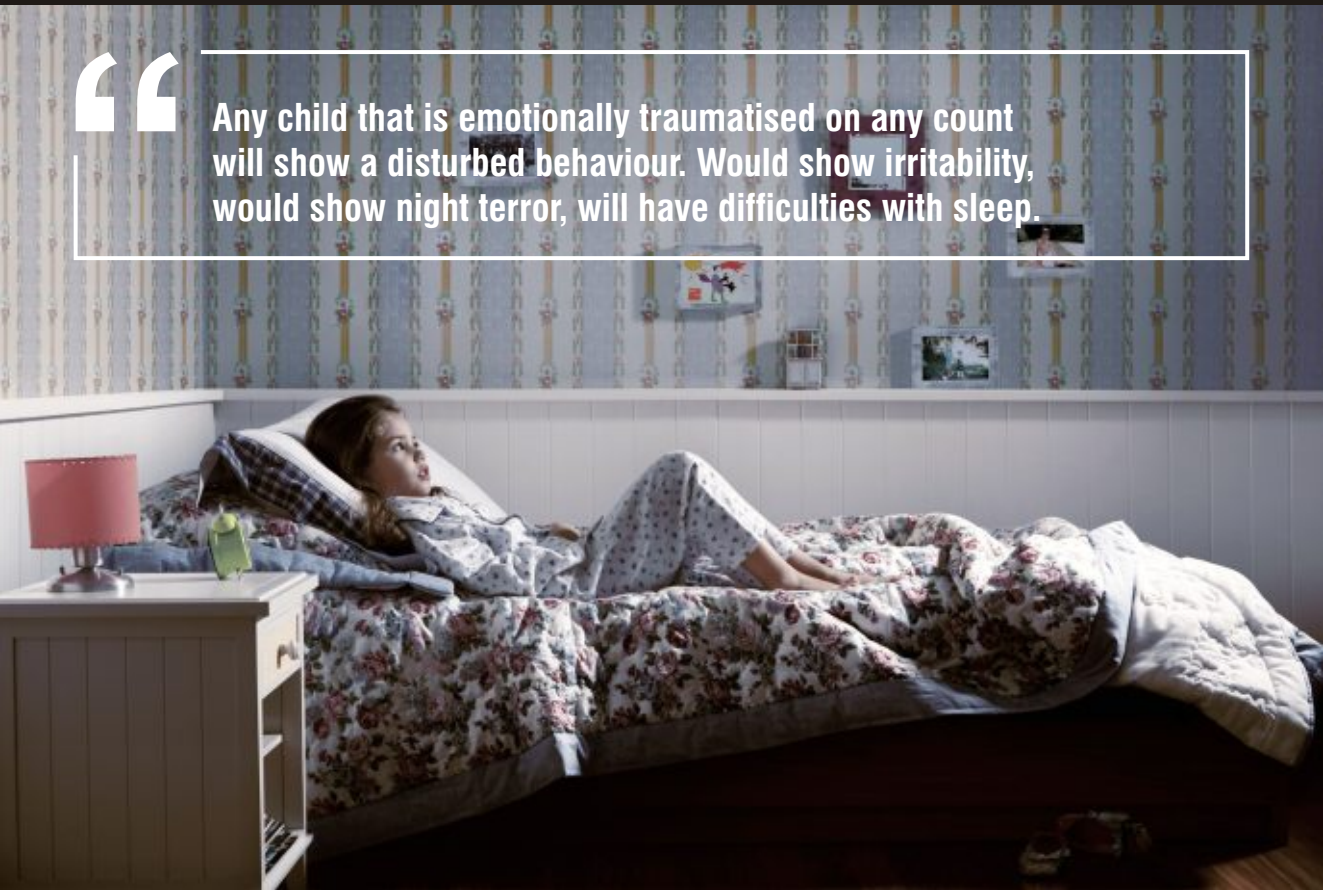
M.D.(Bom.) D.P.M., F.I.P.S., F.I.C.A. (U.S.A.),
Consultant Psychiatrist, Lilavati Hospital.
Ex. Hon. Professor & Head, Dept of Psychiatry,
Grant Medical College & J.J. Group of Hospitals.
Past President, Indian Psychiatric Society (West Zone)

Lantern: Doctor how do you define child sexual abuse?

Dr Deshmukh: Any attempt to get in contact with the child with sexual intent in any form whatsoever will amount to sexual abuse. It does not have to go up to the extent of rape, but fondling, kissing, sharing sexually explicit jokes, pornographic content etc will amount to sexual abuse

“

Any child that is emotionally traumatised on any count will show a disturbed behaviour. Would show irritability, would show night terror, will have difficulties with sleep.





Lantern: You are extremely experienced doctor. According to you, how widespread is the problem of Child Sexual Abuse, more so in a city like Mumbai?

Dr Deshmukh: I will not be able to give you any statistics but I am certainly coming across sizable number of cases. There are lot more cases that never come to us. This problem is not something that doesn't happen in our society. Its very much there. It is a matter of serious concern. It should be attended to. One must be aware of it and guard against it.

Lantern: According to some reports we have read, 50% of the children are abused. Is this number closer to the truth or far away from it?

Dr Deshmukh: I think 50% may be a little high

figure. My estimate would be lower than that but even 10% is not a low figure. Of course it depends upon the definition of sexual abuse you use. But even then I think a sizable number of children are affected.

Lantern: Are both boys and girls equally vulnerable to sexual abuse?

Dr Deshmukh: Girls are more vulnerable but boys are also certainly vulnerable.

Lantern: Where do children face sexual abuse from? From strangers or relatives?

Dr Deshmukh: Children are more abused by known people. Cousins, uncles, neighbours. That kind of people.

Lantern: The perpetrators, are they more gents or ladies?

Dr Deshmukh: The abuse is mostly done by men

Lantern: How can the parents know whether their child is sexually abused by someone?

Dr Deshmukh: Any child that is emotionally traumatised on any count will show a disturbed behaviour. Would show irritability, would show night terror, will have difficulties with sleep. Would behave in a way that is substantially different from child's personality as parents knew it all along. And if this happens, it means there is some stress playing in child's mind and we need to find out what it is by talking it over with the child. In that, we need to remember that this is a form of stress. So you should communicate only in a sensitive way with the child. Find out whether anybody has been harassing them, touching them, doing something to them etc.

Lantern: What are the short term consequences of sexual abuse on a child?

Dr Deshmukh: Short term consequences could be development of intense anxieties, sometime

development of guilt and depression, child blaming oneself for what ever that has gone wrong. And then that affects the whole life of the child. There will be discomfort with child's social life, like meeting with class mates, kids in the neighbourhood. It affects the scholastic performances.

Lantern: What are the long term consequences?

Dr Deshmukh: One thing we know commonly about what is developing frightful negative attitude to any kind of sexual relationships, even healthy normal sexual relationship. Intense fears, difficulties in married life, getting settled in life etc. One phenomenon that I have observed and one that has not been highlighted much, are cases when a girl child who was abused by a family member starts leading a promiscuous life as a teenager and blame their parents for not doing anything to protect them when they were

molested as a child. This is trend I have seen across social strata.

Lantern: What are the steps the parents should take once they know that their child might be subjected to sexual abuse?

Dr Deshmukh: Always maintain good communication with the child. Devise ways and means to ensure that the abuse does not continue. Give support to the child. Tell the child that it is not your fault, this is not your crime, this is not your sin. This is something that was imposed on you by someone else. Crime, fault, sin what ever it is, lies with the person who did it. Not with you. You are just a victim. There is a long life beyond that and you can live a very normal life beyond that. And then steps should be taken to prevent the abuse. That depends on whether it is happening within the family or in school or happening with the



Children are more abused by known people. Cousins, uncles, neighbours. That kind of people.



strangers. Then decision has to taken to what extentone needs to involve the law enforcing agencies or deal with otherwise in a lawful fashion etc. You will have decide on what to do on a case to case basis.

Lantern: What do I need when as an adult, my memories of being abused as a child come back to torment me?

Dr Deshmukh: One should have the realisation that it was a like an accident that happened to you when you were a child. It is not your fault, not your crime, not your sin. And so there is a life beyond all this. Because one particular man did it, not every man in the world is like that. In fact majority of the men in the world are not like that. And so you should be able to form new relationships later in life.

Lantern: Is it important that the victims and parents of victims of child sexual abuse should seek psychiatric help?

Dr Deshmukh: Yes, yes. Some kind of counselling is definitely important and it will work. Because this is a traumatic event not only for the victim but also for the victim's parents. So when they are trying to support their child, it may be beyond them, because their whole emotional resources are also drained out. So they may need external support.

Lantern: How do parents communicate that to their kids about 'good-touch and bad-touch'?

Dr Deshmukh: I think what we need to take care is to make them aware that there is something like bad touch. It becomes little difficult if you are telling the child before the child has been exposed to bad touch. But it is possible that these days children read about these things. So they are also aware. So anybody trying to fondle your private parts, trying to kiss you on your lips, trying to share some dirty jokes or pornographic material. with you. All this is bad and shouldn't be entertained or tolerated. As far as good touch is concerned, It is also necessary

to emphasize that there are many people around you, who might touch you in a very innocent, nice way and it should not happen that there is panic reaction as soon as someone touches you. You can closely observe a person what he does and make up your mind and if in doubt, communicate with your parents. Since usually the perpetrator is from within the circle, parents also know the person and it is easier for them for them to judge.

Lantern: How do the parents react when the kid comes and tells that someone who is a close relative has done that?

Dr Deshmukh: This could happen. First of all find what exactly happened and then deal with it. Don't disbelieve the child. Sometimes, you might really have doubts whether the person really did it. Tell the child that we will find out what has happened. We'll confront him, we'll ask him. And hereafter, any such attempt in that direction should be turned down firmly.

Lantern: One of the assumptions we make is that some of the people reading this magazine might be perpetrators of child sexual abuse. If they know deep inside that they have a tendency to do that, what is the advice you would give them?

Dr Deshmukh: See, if you have a tendency to do this and if you are honest enough to admit it, you should seek professional help to change your tendency. Even in the most liberal set ups freedom of fantasy might be acceptable, freedom of action is not. There is bodily autonomy. You dare not touch me. Because that is out of question. Seeking professional help is extremely important for those who realise that they have this kind of tendency in them and then they should overcome it

Lantern: Thanks a lot doctor for your time.



പുരോഹിതന്റെ പ്രാർത്ഥനാഭ്യർത്ഥന

Prayer Request of the Priest

മാർ തോമസ് ഇലവനാൽ

കല്യാൺ രൂപതയുടെ മെത്രാൻ



“കർത്താവേ ആശീർവ്വദിക്കണമേ” എന്നു തുടങ്ങുന്ന പ്രാർത്ഥനചൊല്ലി കാർമ്മികൻ ജനങ്ങൾക്കു നേരെ തിരിഞ്ഞ് കരങ്ങൾ നീട്ടി “നിങ്ങൾ എനിക്കുവേണ്ടി പ്രാർത്ഥിക്കുവിൻ” എന്ന് പറഞ്ഞ് സമൂഹത്തിന്റെ പ്രാർത്ഥന അഭ്യർത്ഥിക്കുന്നു. യോഗ്യതയോടെ ബലിയർപ്പിക്കുവാൻ പുരോഹിതന് ദൈവത്തിന്റെ അനുഗ്രഹവും സമൂഹത്തിന്റെ പ്രാർത്ഥനയും ആവശ്യമാണ്. വൈദികന് ദൈവത്തോടുള്ള വിധേയത്വവും ദൈവജനത്തോടുള്ള ആത്മീയ ബന്ധവുമാണ് വൈദികന്റെ പ്രാർത്ഥനാഭ്യർത്ഥനയിലൂടെ പ്രകാശിതമാകുന്നത്.

ദൈവത്തിന്റേയും ജനത്തിന്റേയും പ്രതിനിധി
ബലിവേദിയിൽ നില്ക്കുന്ന ഓരോ പുരോഹിതനും കർത്താവിന്റെ പ്രതിനിധിയാണ്. കർത്താവിന്റെ നാമത്തിലാണ് പൗരോഹിത്യ ശുശ്രൂഷ നടത്തുന്നത്. അതോടൊപ്പം ഓരോ പുരോഹിതനും സഭയുടേയും സമൂഹത്തിന്റേയും പ്രതിനിധിയാണ്. സഭയുടെ നാമത്തിലാണ് തനിക്കേല്പിക്കപ്പെട്ടിരിക്കുന്ന ഈ ശുശ്രൂഷ നിർവ്വഹിക്കുന്നത്. കർത്താവിനോടും സഭയോടുമുള്ള ഈ ബന്ധം വ്യക്തമായി പ്രകടിപ്പിക്കുന്നതാണ് ഈ സഹായ പ്രാർത്ഥനയും അതിന്റെ പ്രത്യുത്തരവും.

എനിക്കുവേണ്ടി പ്രാർത്ഥിക്കുവിൻ

ആരാധനാസമൂഹത്തിന്റെ പേരിലും അവരോടൊപ്പവും അവർക്കുവേണ്ടിയുമാണ് കാർമ്മികൻ ദൈവത്തിരുമുമ്പിൽ ബലിയർപ്പിക്കുന്നത്. തന്മൂലം കാർമ്മികൻ ദൈവത്തിനും മനുഷ്യർക്കും ഇടയിലുള്ള

മദ്ധ്യവർത്തിയാണ്. ദൈവത്തിന്റെ നാമത്തിൽ മനുഷ്യരുടെ മുമ്പിലും സമൂഹത്തിന്റെ പേരിൽ ദൈവത്തിന്റെ മുമ്പിലും ആയിരിക്കുന്നവൻ. പുരോഹിതന് മഹത്തായ തന്റെ ശുശ്രൂഷ പൂർത്തിയാക്കുവാൻ ഒരു ഭാഗത്ത് കർത്താവിന്റെ കൃപയും ആശീർവാദവും ആവശ്യമാണ്. അതുകൊണ്ട് ആദ്യമായി “കർത്താവേ ആശീർവ്വദിക്കണമേ” എന്ന് കർത്താവിനോടപേക്ഷിക്കുന്നു. സഹായത്തിനായി പുരോഹിതൻ ദൈവത്തിന്റെ പക്കലേയ്ക്കാണ് ആദ്യം തിരിയുന്നത്.

ദൈവത്തിന്റെ ആശീർവാദം അപേക്ഷിച്ചശേഷം സമൂഹത്തിന്റെ പ്രാർത്ഥനയാചിക്കുന്നു. ദൈവത്തിന്റെ മുമ്പിൽ നിന്ന് സമൂഹത്തിനുവേണ്ടി ബലിയർപ്പിക്കുവാനും മാദ്ധ്യസ്ഥം അപേക്ഷിക്കുവാനും അങ്ങിനെ കുർബ്ബാന അദ്ദേഹത്തിന്റെ കരങ്ങളിലൂടെ പൂർത്തിയാകാനും സമൂഹത്തിന്റെ പ്രാർത്ഥനാസഹായം അപേക്ഷിക്കുന്നു.

എന്റെ കരങ്ങളിലൂടെ പൂർത്തിയാകുവാൻ

ഒന്നിലധികം പുരോഹിതർ ചേർന്ന് സമൂഹ ബലിയർപ്പിക്കുമ്പോഴും കാർമ്മികൻ എല്ലാവരേയും പ്രതിനിധീകരിച്ച് “ഈ കുർബ്ബാന എന്റെ കരങ്ങളിലൂടെ പൂർത്തിയാകുവാൻ” എന്നാണ് പ്രാർത്ഥിക്കേണ്ടത്. സമൂഹം “അങ്ങ് സമർപ്പിക്കുന്ന ഈ ബലിയിൽ” എന്നാണ് പ്രത്യുത്തരമായി ചൊല്ലേണ്ടത്. “ഈ കുർബ്ബാന എന്റെ കരങ്ങളിലൂടെ പൂർത്തിയാ

കുവാൻ” എന്ന പ്രാർത്ഥനയ്ക്ക്, താൻ അർത്ഥാർത്ഥത്തിൽ അനുഷ്ഠിക്കുന്ന കൗടാശികമായ ബലി ജീവിതത്തിലൂടെ പൂർത്തിയാകുവാനും തന്റെ ജീവിതവും ദൈവത്തിന് പ്രീതികരമായ ബലിയായിത്തീരുവാനും എന്ന അർത്ഥവ്യാപ്തിയും ഉണ്ട് (റോമ. 12:1).

കുർബ്ബാനയിൽ കാർമ്മികൻ മൂന്നുപ്രാവശ്യം സമൂഹത്തിന്റെ പ്രാർത്ഥന യാചിക്കുന്നതായി കൊടുത്തിട്ടുണ്ട്. കുർബ്ബാനയിലെ മൂന്നു സുപ്രധാനഭാഗങ്ങൾക്ക് ഒരുക്കമായാണ് പുരോഹിതൻ സഹായാഭ്യർത്ഥന നടത്തുന്നത്. അനാഥരാ തുടങ്ങുന്നതിന് മുമ്പ് കുടുംബാവ ചന്ദ്രങ്ങൾക്ക് മുമ്പ്, റൂഹാക്ഷണ പ്രാർത്ഥനയ്ക്ക് ഒരുക്കമായിട്ട്. എന്നാൽ അനാഥരുടെ നാല് പ്രണാമജപങ്ങൾക്കും മുമ്പായി പുരോഹിതന്റെ സഹായാഭ്യർത്ഥന ഉണ്ടെന്നു പറയാം. “നിങ്ങളുടെ ചിന്തകൾ ഉന്നതത്തിലേയ്ക്ക് ഉയരട്ടെ”. എന്നു തുടങ്ങുന്ന പ്രാർത്ഥനയും സഹായാഭ്യർത്ഥനാപ്രാർത്ഥനയ്ക്കു തുല്യമായി കണക്കാക്കാം.

ദൈവം കുർബ്ബാന സ്വീകരിക്കട്ടെ.

പുരോഹിതന്റെ സഹായാഭ്യർത്ഥനയ്ക്കു പ്രത്യുത്തരമായി മൂന്നുകാര്യങ്ങൾക്കായാണ് സമൂഹം പ്രാർത്ഥിക്കുന്നത്. ദൈവത്തിന്റെ അഭീഷ്ടം പൂർത്തിയാക്കുവാൻ ശക്തി ലഭിക്കണം, ഈ കുർബ്ബാന ദൈവം സ്വീകരിക്കണം, ഈ ബലിയിൽ ദൈവം സംപ്രീതനാകണം. കുർബ്ബാന മിശിഹായുടെ ബലിയാണ്. അത് സമർപ്പിക്കുന്നതും മഹാപുരോഹിതനായ മിശിഹാതന്നെയാണ്.

എങ്കിലും ‘അങ്ങ് സമർപ്പിക്കുന്ന ബലി’ എന്നാണ് വിശേഷിപ്പിച്ചിരിക്കുന്നത്. കാരണം, കാർമ്മികൻ ഈശോയുടെ പ്രതിനിധിയാണ്.

ലോകം മുഴുവനുവേണ്ടി

ഈ ബലിയർപ്പിക്കപ്പെടുന്നത് പുരോഹിതനും സമൂഹത്തിനും ലോകം മുഴുവനും വേണ്ടിയാണെന്ന് പ്രത്യേകം അനുസ്മരിക്കുന്നു.

‘ലോകം മുഴുവനും വേണ്ടി’ എന്ന പ്രാർത്ഥിക്കുമ്പോൾ മനുഷ്യരെ മാത്രമല്ല വിവക്ഷിക്കുന്നത്. ലോകത്തിലുള്ള സകല സൃഷ്ടികൾക്കും വേണ്ടി എന്ന സാർവ്വലൗകികമായ ഒരു മാനവും കർത്താവിന്റെ ബലിക്കും അനുദിന ബലിയർപ്പണത്തിനുമുണ്ട്. ‘ഈ ബലിയിൽ

ദൈവം സംപ്രീതനാകണം’ എന്നു പ്രാർത്ഥിക്കുമ്പോൾ ദൈവത്തിന്റെ കൃപയ്ക്ക് നമ്മൾ പാത്രീഭൂതരാകാൻ വേണ്ടിയാണ് അപേക്ഷിക്കുന്നത്.

* * * * * * * * *

The celebrant first asks the blessing of God saying “Bless me O Lord” and then turns to the assembly and extending his arms he requests the prayer of the community saying “Pray for me brothers and sisters...” In order to celebrate the Qurbana in a worthy manner the priest needs the blessing of God and the prayers of the community. The priest’s request for prayer is an expression of his fidelity to God and his spiritual relationship to the people.

Representative of God and the People

Every priest who stands at the altar represents Christ. It is in His name that a priest fulfills his priestly ministry. So too every priest is a representative of the community and the church at large. It is also in the name of the church that he fulfills the priestly functions entrusted to him. This prayer request and its response clearly expresses this double relationship of a priest.

Pray for me

It is in the name of the worshipping community and with them and for them that a celebrant offers the sacrifice before God. Hence truly he is a mediator between God and man. One who is called to be before God in the name of the community and to be before the community in the name of God. Hence the priest, in order to fulfil his sublime ministry needs, on the one hand the blessing and grace of God and hence first of all he turns to God for help asking “Bless me O Lord”. Then he request also the prayer of the community. He requests the prayer so that he may be able to offer sacrifice and intercede before God for the community and that the Qurbana may be fulfilled through his hands.

May be fulfilled through my Hands

Even when more than one priest con-celebrates together the main celebrant who represents all of them should pray "Pray for me that this Qurbana may be fulfilled through may hands". The community responds "May God ... accept this Qurbana ... you offer". "That this Qurbana may be fulfilled through my hands" has the deep meaning signifying that the sacramental celebration on the altar may truly be fulfilled in my life so that my life too will become a living sacrifice pleasing to Him (Rom. 12:1)

This request for prayer by the priest is given three times in our Qurbana. It is given as a preparation before three important rites: before beginning the anaphora, before the words of institution and before the Epiclesis or the prayer for the coming of the Holy Spirit. The dialogue prayer which includes "let your thoughts rise to the height" can also be considered similar to a prayer request. Including this one there are four prayer request eachone before each G'hanta prayer.

May God accept the Qurbana

In response to the prayer request of the priest the community prays for three intentions: that the Lord may strengthen you to fulfill His will, He may accept this Qurbana and that He may be pleased with the Sacrifice you offer. Qurbana is primarily the sacrifice of Christ and it is offered by Jesus the High Priest. Even then the Qurbana is mentioned as the Sacrifice 'you offer' because the priest represents Christ.

For the whole World

It is specially reminded that the sacrifice you offer is for yourself, for the community and for the whole world. When we pray for the whole world it is not only for the people therein but for all the created beings. So there is a cosmic and universal dimension for the Qurbana as well as for the redemptive death of Christ. As we pray "may He be pleased with this Sacrifice" we pray that through this sacrifice we may be made worthy for the mercy and grace of God.



Congratulations

to our Dear Bishop

MAR THOMAS ELAVANAL

on his

40th

Priestly Ordination Day

22nd December

Episcopal Ordination Day

8th February



ST. STANEYSLAUS

CHAPTER 07





To be continued...

CHOSEN CHILDREN IN THE BIBLE

Can God build His Kingdom through young children? There is no doubt that He indeed can. The Bible is full of examples of God calling children - His 'little missionaries' who obeyed Him and changed the course of history. A look through the scriptures reveals that God often used children and the younger generation to make a difference in small and big ways. The following are a few examples:

Samuel: Prophet Samuel's life illustrates that you're never too young to hear God's voice. His praying mother, Hannah, had dedicated him to the service of the Lord even before he was born. While he was 12 years, working for the high priest Eli, God stopped by one night to give him his first task. Thus the Lord spoke not through the priests, but directly to the boy Samuel and he became a mighty Prophet of God.

Servant-girl of Naaman's wife: This little girl isn't mentioned by name. Her master Naaman, the captain of the Syrian army, suffered from leprosy. He tried every person in his land but nothing happened. But because of the simple testimony of this young slave girl about Prophet Elisha, though her master was rough and tough, in his desperation went to the country that she talked about and was healed.

Miriam: She put her brother - baby Moses - in the basket and hid it among the reeds and then stood at a distance watching to see what would happen to him. And then approached Pharaoh's daughter to ask if she should go and find one of the Hebrew women to nurse the baby for her. A nation was

born because a baby was saved by the quick thinking and bravery of his sister Miriam.

Josiah: He was enthroned as the king of Judah when he was 8 years old. When he got to know the Lord in his teens, the nation of Judah experienced one of its greatest revivals. The boy king Josiah waged a war on false gods and cleared his kingdom off idols. Scripture says there was no ruler of his caliber, neither before nor after him, who sought the Lord with "all his heart" as he did.

Daniel and his three friends: They were chosen as children to serve in Nebuchadnezzar's court when they were exiled. The King found their advice, even as kids, to be ten times better than all the magicians and astrologers in his realm. They spoke for God at the most difficult times of all - when they were sentenced to death in a fiery furnace for violating idol worship. But God stood up for them and they were delivered miraculously.

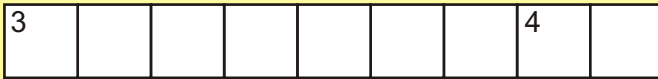
Boy with five loaves and two breads: This little boy was generous and unselfish, thus ended up being the source of food that fed more than 5000 hungry grown-ups who hadn't eaten all day. He gave it all to the Lord and saw a miracle happen.

There are many more chosen kids in the Bible. These children show that they were capable of courageous faith and considerable worth in the heaven's cause. God is at work in the world even today. He searches all over the earth to look for those who He would wish to make strong. It can be even children. And, it can be YOU. Remember, you don't have to be the smartest, bravest, prettiest, richest or funniest; you just have to be who 'YOU' are and God can use you for His glory just like He did with these children in the Bible.



Crossword

Solve the following crossword puzzle with the help of the clues given after each question:

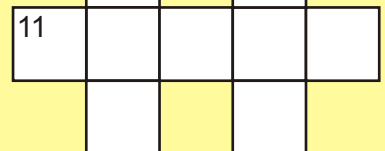
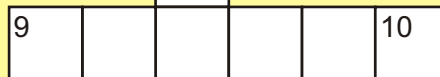
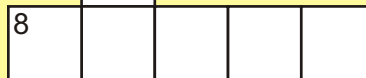
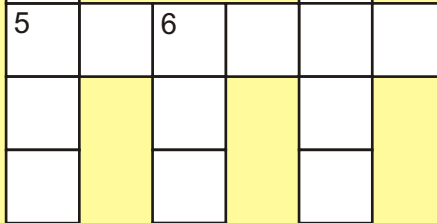
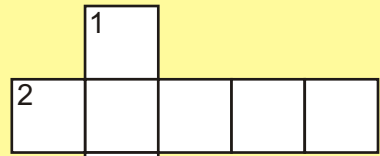


ACROSS:

2. This boy was 12 years old when his parents lost track of him in Jerusalem.
3. The children of this town were killed mercilessly by a paranoid ruler.
5. This boy's mother bought him a coat every year when he worked in the temple.
8. By commandment of God, this boy was prepared as a burnt offering, but spared just in time.
9. Jesus said 'Talithakum' to a certain girl, and she arose from the dead. How old was she at the time?
11. This child was 13 years old when he was circumcised.

DOWN:

1. This child was dropped by his nurse, and was crippled for life.
4. This man raised a child from dead, after which the child sneezed seven times.
6. This king was 12 years old when he began to reign.
7. This child was born as his mother heard news of his father's death, and his name reflects it.
10. This child fought with his brother even before he was born.



Send your answers along with your name, catechism section and parish to lanternkidsroom@gmail.com before **20th January, 2016**. Names of the lucky winners will be published in the next issue of the Lantern.

EPARCHIAL ASSEMBLY

Statements continued ...

43. For providing a platform for the right faith formation, the section on 'Jesus' Kids needs more popularisation. The teachers of the section have to be trained for giving classes for 'Jesus Kids' with multimedia. Recommended content of activities can be colouring of biblical stories or personalities, action songs, storing telling etc. Most importantly, parents should bring children to church beginning from an early age.
44. A booklet contains guidelines for parenting and family life to be presented at the time of receiving the newly wedded couple in the Church as a "My Parish's wedding Gift".
45. Display board at home for writing the "Word of God" or saints of the day can be used for the formation of the children in the infancy
46. The best method of communicating faith is through life experiences, therefore parents and teachers accompany them continuously in their faith formation, creating and sustaining the conviction that faith in God is an inevitable part of our life.
47. Life-oriented catechism teaching than syllabus oriented will help more internalisation of the faith. Interactive methods and the use of audio-visual aids will make the classes more lively and convincing and teachers should be equipped for including those elements of teaching.
48. Role of Parents in the faith formation begins from the womb and it continues through their active participation along with the catechism teachers. Parents are to make sure that their children attend regular catechism classes and they should be part of the faith formation by enquiring the teachers about their children and by taking interest to know text and the activities of their children. Parents also can be part of the 'projects' or 'things to be done' that are given to the children in catechism classes.
49. The solemn celebration of the opening of Catechism academic year with the parents and the children, the system of open day after the examination where parents meet the catechism students to assess the growth of the children and the active functioning of PTA in all parishes will give ample opportunity to parents to be part of the catechetical formation of the children.
50. We feel the need of counselling centre, comprised of qualified counsellors with spiritual background and which is independent and away from parish presbytery.
51. The help line service of Karunya Trust, existing counselling facilities have to be given enough publicity.
52. The young priests are to consult the Protopresbyter /senior priest or companions before taking any important decision or during the conflict. Pastoral continuity is essential to avoid confusion and scandal in the parishes. The parish council members can be entrusted with small different duties of the pastoral life including writing the announcements by the 2nd Trustee. Parish council member must inform parish priest about problems in the parish priest.
53. The children are to be formed from the home itself in the fear of the Lord who are to be encouraged to go for confession and Holy Eucharist before they appear for any exam. All the parishioners take the role of being a guardian to the children and the Church activities, centred on Christ.
54. In the beginning years, personal intimacy was the major reason for the feeling of belongingness and dedication towards the Eparchy. Imbibing the spirit and commitments of founding fathers, deep rapport with parishioners and the pastors can continue to instil the fire of warmth.
55. The reservation of the youth at least ten 10% seat in parish council is yet to be implemented fully and they need to attend the activities regularly. Family units are to have more discussions on important parish affairs which will ensure more participation.
56. For the effective functioning of ADAMs, all the members are to be part of it and a coordination executive committee to be formed and they should meet periodically. After two consecutive terms, the executive should be changed to enable better participation from all members.
57. Parents are to be given catechesis pertaining to sacraments especially at the time of baptism, Holy Communion, emphasizing the spiritual preparation. Parish Priests are encouraged to visit the family of

those receiving sacraments especially during marriage. We need to revive the custom of confession, announcing the timings. The parish priests should be taken into confidence for making the confession. Written prayers are to be given to the families. A family day is to be celebrated in the Eparchy from next year as a result of this Assembly on Family. Welcoming new couples, new families, congratulating the couples on their special occasions, conducting programme for couples those completed 5 / 10 / 15/20etc and so years of married life is to be organized.

58. The parish priest should be simple, cordial and approachable. When the children see Christ in him who is an image of Christ, they will automatically have a sense of belonging to the mother church. Videos of life of saints or life of our forefathers in the Bible can be played out for the youth and children so as to make them feel and know the church better. Whenever the children come for some activity to the Church, it should be made a practice to bow before the Blessed Sacrament and pray for some time before starting their activity. This will help the children to believe that Jesus will take care of them and they need not fear. Wherever space is not a problem, the facilities for small children to play can be developed so that parents can continue with whichever activity they come in for.
59. There should be one day session on Metro spirituality, finance management, saving management, time management, upbringing of children, natural family planning, behaviour psychology of men and women, in-law relationship for young spouses within six months to one year of their marriage which are to be attended by the married and their parents.
60. Participation for such residential session has to be

attained through better awareness among them and through other social networking sites.

61. During pregnancy, 0-3 years, 3 - till catechism through prolife team, Mother mentors, Young couples movement and Catechism PTA the couples to be provided parental guidance programs to help them bring up children with Christian values, emotional development and spirituality.
62. Expectant mothers should pray for the Spiritual well being of the child and they should read good books and listen to spiritual music etc.
63. The modern technology has to be used to make Catechism classes more interesting for today's children. Graphic powered slides, in housed developed animated stories, mobile apps, theatre, social visits, pilgrimages etc. will be a powerful vehicle to attract the children for catechism classes. Every church encouraged have a projector.
64. A group of technological experts under the social communication office should be formed.
65. The youth at graduate level could be sent for the catechism classes in the lower level along with a mentor teacher that 'buddy system' in faith formation are encouraged.
66. The parish priest should have a data of those baptized in adulthood (newly converted and members out of disparity of cult marriages) through mentors (God parents), through the personal attention of parish priests and they should have occasional get together at parish/forane level.

Participants of the Kalyan Eparchial Assembly II
24 October 2015

N.B.: The publication of the policies and the action plan will continue in the future issue of Kalyan Lantern

**BISHOP'S
DIARY**
JANUARY - 2016

1st	Ordination - Calicut	23rd	Holy Communion - Vikhroli
2nd	Marriage Blessing - Calicut	24th	Holy Communion - Thikujiniwadi
3rd	Ordination - Nerul		Holy Communion - Mira Road
4th	Class M. Seminary	25th	M. Sem. Class - Panvel
5th	Monthly recollection & Presbyterium - Bishop's House	26th	Holy Communion - Kalina
7th-12th	Bishop's Synod - Kakkanad		Republic Day celebration - Raj Bhavan
13th	Curia Meeting - Bishop's House	28th	Conclusion of Jubilee - Dombivli
16th	Holy Communion - Nerul	29th	Qurbana - Vasai East
17th	Holy Communion - Bhayander	31st	Jubilee Conclusion - Ahmed Nagar Mission
	Blessing of Parish Hall - Ambernath		
18th	M. Seminary Class - Panvel		
21st	Silver Jubilee Celebration - Ulhas Nagar		

JANUARY



14

Pope Francis canonised Joseph Vaz, Sri Lanka's first saint during his apostolic visit to Sri Lanka.

FEBRUARY

12

ISIS released a report in their online magazine Dabiq showing photos of 21



Egyptian Coptic Christian migrant workers that they had kidnapped and killed. Bishop Anba Antonios Aziz Mina, who heads the Coptic Catholic diocese of Giuzeh, said that a videotape of the mass execution clearly showed several men saying, "Lord, Jesus Christ!"



14

Pope Francis created 20 cardinals during a ceremony at St. Peter's Basilica.

MARCH

09

Cardinal Jean-Louis Tauran formally took oath to serve as Camerlengo, the Vatican official who administers the temporal affairs of the Holy See upon the death or resignation of a Pope.



13

Pope Francis opened the Worldwide Day of Adoration and Confession – the Lenten initiative, called "24 Hours for the Lord" by presiding at a penitential celebration in St. Peter's Basilica. Following the conclusion of this service, a number of churches throughout Rome remained open for 24 hours, with confessors available as well as Eucharistic adoration.

APRIL

05

Pope Francis: Easter Message Urbi et Orbi – "Dear Brothers and Sisters, Jesus Christ is risen! Love has triumphed over hatred, life has conquered death, light has dispelled the darkness!"

12

Pope Francis's Twitter following surpassed 20 million.



MAY

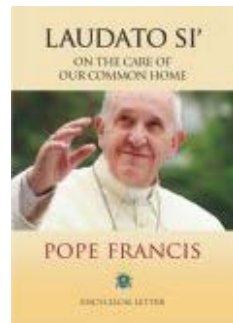
23

Archbishop Óscar Romero, of San Salvador, was beatified as a martyr. He was shot dead during the celebration of the Holy Qurbana at the chapel of a hospital.

JUNE

18

Pope Francis published the Encyclical Letter 'Laudato Si' on the topic of climate change and environment protection. The encyclical letter also explores the relationship between care for creation, integral human development and concern for the poor.



22

Pope Francis published the Encyclical Letter 'Laudato Si' on the topic of climate change and environment protection. The encyclical letter also explores the relationship between care for creation, integral human development and concern for the poor.



JULY**05 to 13**

Cardinal Jean-Louis Tauran formally took oath to serve as Camerlengo, the Vatican official who administers the temporal affairs of the Holy See upon the death or resignation of a Pope.

**22**

Pope Francis appointed Rev. Fr. Joseph Kodakallil, as the new Bishop of Satna

AUGUST**06**

Pope Francis established the new Exarchate for the Syro-Malabars in Canada, with See in Mississauga, Toronto, and appointed Rev. Fr. Jose Kalluvellil, as its first Apostolic Exarch.

**06**

Pope Francis appointed Rev. Fr. Antony Prince Panengaden, as the new Bishop of Adilabad.

26

Pope Francis extended the boundaries of the Eparchy of Mandya to include six civil districts of Bangalore region and approved Rev. Fr. Antony Kariyil CMI, as its new bishop

SEPTEMBER**01**

World Day of Prayer for the Care of Creation

**19 to 27**

Pope Francis was in Cuba from 19th to 22th and in United States from 22th to 27th for a 10 day visit to these nations and the United Nations headquarters.

OCTOBER**04 to 24**

The 14th Ordinary General Assembly of the Synod of Bishops, devoted to the vocation and the mission of the family in the Church and in the contemporary world, was held at the Vatican.

21 to 24

2nd Kalyan Eparchial Assembly was held at ARC, Panvel

**NOVEMBER****12 to 15**

National Eucharistic Congress, was held at St. Pius X Seminary, Goregaon. The event commemorates the golden jubilee of the memorable International Eucharistic Congress that was held in Mumbai in 1964.

**25 to 30**

Pope Francis made an apostolic trip to Kenya - from 25th to 27th, Uganda - 27th to 29th and Central African Republic from 29th to 30th November.

DECEMBER**08**

Pope Francis inaugurated the Jubilee of Mercy, on the Solemnity of the Immaculate Conception of the Blessed Virgin Mary and the 50th anniversary of the close of the Second Vatican Council. At the conclusion of Mass, Pope Francis opened the holy door of St. Peter's Basilica, officially inaugurating the jubilee year.

17

The Vatican has confirmed a second miracle attributed to the intercession of Mother Teresa of Calcutta, clearing the way for her canonization.





Bishop Mar Thomas Elavanal Releases the book, 'Traditions of Syrian Christians' written by Fr. Tomy Kariyilakulam MCBS

Bishop Mar Thomas Elavanal opens the **DOOR OF MERCY** at Cathedral Church, Kalyan (W) on 13th December, 2015

St. Kuriakose Elias Chavara Church, Kandivali (East)

തിരുനാൾ മഹാമഹം

2016 ജനുവരി 15 (വെള്ളി) മുതൽ ജനുവരി 24 (ഞായർ) വരെ

സീറോ മലബാർ സഭയിൽ നിന്നും വിശുദ്ധ പദവിയിലേക്ക് ഉയർത്തപ്പെട്ട തിരുകുടുംബത്തിന്റെ **വി. ചാവറയച്ചന്റെ** തിരുനാളിൽ പങ്കുചേർന്ന് വിശുദ്ധന്റെ മാദ്ധ്യസ്ഥം വഴി അനുഗ്രഹങ്ങൾ നേടുവാൻ ഏവരേയും സാദരം ക്ഷണിക്കുന്നു.

എല്ലാ മാസാദ്യ വെള്ളിയാഴ്ചകളിലും തിരുനാൾ ദിനങ്ങളിലും നൊവേന ഉണ്ടായിരിക്കുന്നതാണ്.

കുടുംബങ്ങളുടെ മദ്ധ്യസ്ഥനായ വി. ചാവറയച്ചന്റെ നൊവേനകളിൽ പ്രാർത്ഥനസഹായം ആവശ്യമുള്ളവർ പേരും ഇടവകയും, നിയോഗവും അയക്കേണ്ട നമ്പർ **9223344123 (SMS only)**



ST. KURIAKOSE ELIAS CHAVARA
1805 - 1871

Fr. Sinto Chalissey
Parish Priest

Mr. Joy Varghese & Mr. Joseph Francis
Trustees

MATHRUSANGAM NEWS

Wish You All A Happy and Prosperous NewYear.

The 20th Annual Day celebrations of Kalyan Mathrusangam was held on 6th December 2015 at St. Xavier's High School, Kanjurmarg(W). About 500 mothers attended the function. His Excellency Mar Thomas Elavanal, bishop of Kalyan diocese, graced the occasion. Jubilarians, SSC Marathi toppers and the mothers who have excelled in various civil arenas were honoured with awards and mementoes. A documentary on 20 years of valuable services of KMS was presented. The family members of the Organ Donors were felicitated. Mrs. Raiby Thomas from Pavan Nagar, Nashik, was appreciated for voluntarily donating her kidney.

Best Units:

St. Ann's Group.

1. St. Francis of Assisi Church, Assisi Nagar.
2. St. Mary's Church, Malad(East).
3. Sacred Heart Church, Goregaon (East).

St. Elizabeth's Group.

1. St. Thomas Church, Mankhurd.
2. Christ the King Church, Bhandup.
3. St. Kuriakose Chavra Church, Dighi, Pune.

St. Mary's Group.

1. Immaculate Conception Church, Dombivli.
2. St. Thomas Church, Borivali.
3. Sacred Heart Church, Bhayander.

Best Foranes.

First position: Malad Forane.

Second position: Navi Mumbai Forane.

Third position: Pune Forane



പിതൃവേദി എക്സക്യൂട്ടീവ് കമ്മിറ്റി മത്സരം നടത്തി.

മീരാറോഡ് : കല്യാൺ രൂപത പിതൃവേദിയുടെ നേതൃത്വത്തിൽ ക്രിസ്തുമസ് ആഘോഷവും എക്സക്യൂട്ടീവ് കമ്മിറ്റി മത്സരവും മീരാറോഡ് ഊസ്റ്റ് സെന്റ് തോമസ് പള്ളിയിൽ നടത്തി. പിതൃവേദി ഡയറക്ടർ ഫാ. ജോർജ്ജ് വട്ടമറ്റം ഉദ്ഘാടനം നിർവ്വഹിച്ചു. ഓർത്തഡോക്സ് സഭയുടെ മുൻപെല്ലെ ഭദ്രാസനമെത്രാപ്പോലീത്ത ഗീവർഗ്ഗീസ് മാർ കുറിലോസ് മുഖ്യപ്രഭാഷണം നടത്തി. മുൻപെല്ലെയെ വിവിധ സഭകളിൽ നിന്നുള്ള പള്ളികൾ പങ്കെടുത്ത കാര്യ മത്സരത്തിൽ ബോറിവല്ലി സെന്റ് തോമസ് ഫെറോനപള്ളി ഒന്നാം സ്ഥാനവും, മീരാറോഡ് സെന്റ് തോമസ് പള്ളി രണ്ടാം സ്ഥാനവും, മീരാറോഡ് സെന്റ് ജോൺസ് മാർ തോമാ പള്ളി മൂന്നാം സ്ഥാനവും കരസ്ഥമാക്കി. വിജയികൾക്ക് ചന്ദ്രാ രൂപത ബിഷപ്പ് മാർ എഫ്രേം

നരിക്കുളം സമ്മാനങ്ങൾ വിതരണം ചെയ്തു. അഡ്വ. സാംജി ജോസഫ്, ഫാ. ബെന്നി താനി നിൽക്കും തടത്തിൽ, ജോയ് വർഗ്ഗീസ്, സിബിചെറിയാൻ തുടങ്ങിയവർ പ്രസംഗിച്ചു.



കല്യാൺ രൂപത പിതൃവേദി നടത്തിയ എക്സക്യൂട്ടീവ് കമ്മിറ്റി മത്സരത്തിൽ ഒന്നാം സ്ഥാനം കരസ്ഥമാക്കിയ ബോറിവല്ലി സെന്റ് തോമസ് ഫെറോനപള്ളി അംഗങ്ങൾ.



DEPARTMENT OF CATECHESIS

KALYAN FAITH FEST EPARCHY OF KALYAN 2015

SUB - JUNIORS

Bible Story Telling

Rank	Name
1st Prize	Aleena Thomas
2nd Prize	Vallikunnel Nidhi Benoy
3rd Prize	Sancia Pulikan
4th Prize	Athena Teresa Jes
5th Prize	Elamthurithiyil Anna Sebastian

1st Prize	Angel Elizabeth
2nd Prize	Josna Vinod
3rd Prize	Sandra Shyju
4th Prize	Stuthy Shiju
5th Prize	Jovina Bijoy

1st Prize	Angela Bijoy
2nd Prize	Royce Antony Perumbilly
3rd Prize	Arackaparambil Alisha Thomas
4th Prize	Blessy Joy
5th Prize	Eric John

1st Prize	Michael P Jose
2nd Prize	Mathew Manimala
3rd Prize	Joel Bijo
4th Prize	Milan Subin Manikombil
5th Prize	Neo Nisen

1st Prize	Gracilyn
2nd Prize	Annie Roy Mulloor
3rd Prize	Abin Thomas
4th Prize	Ryan Shibi
5th Prize	Joanne Babu

1st Prize	Jeslin Joji
2nd Prize	Amisha Siju
3rd Prize	John Mathew
4th Prize	Anvita Paulachan
5th Prize	Gris Emmanuel

1st Prize	Annet Xavier
2nd Prize	Selwyn Saij
3rd Prize	Emin Joy
4th Prize	Carol
5th Prize	Amala Anne Joseph

1st Prize	Godwin Baby
2nd Prize	Parayil Tina Rose
3rd Prize	Betsy Varghese
4th Prize	Jestina
5th Prize	Edwina Mathew

Parish

St. Joseph Church - Pavan Nagar
St. Thomas Forane Catholic Church - Borivali
St. Joseph Church - Airoli
Sacred Heart Church - Colaba
St. Thomas Forane Catholic Church - Borivali

Psalms Recitation

Mother Of Victory Church - Tikujiniwadi
Mary Matha Church - Sakinaka
St. Antonys Church - Khopoli
St. Bartholomew Church - Kalayan - East
St. Josephs Church - Akrudi

Solo Singing

Infant Jesus Church - Tilak Nagar
Infant Jesus Church - Vikhroli
St. Thomas Forane Catholic Church - Borivali
Immaculate Conception Church - Dombivli
St. Thomas Catholic Church - Dapodi

Bible Quiz

St. George Forane Church - Panvel
St. Thomas Syro-malabar Church - Vashi
St. Josephs Church - Powai
St. Thomas Catholic Church - Dapodi
St. Joseph Church - Airoli

Pencil Drawing

St. Thomas Church - Vashi
St. Thomas Church - Vathak Nagar
Infant Jesus Church - Kopar Khairne
St. Thomas Church - Vathak Nagar
St. Bartholomew Church - Kalayan - East

Colouring

St. Alphonsa Church - Vasai - West
Sacred Heart Church - Bhayander
St. Marys Church - Shell Colony
St. Marys Church - Cbd Belapur
St. Alphonsa Church - Nashik Road

JUNIORS

Psalms Recitation

St. Thomas Church - Vasai - East
Our Lady Of Rosary Church - Katraj
St. Marys Church - Cbd Belapur
Carmel Parish - Adagaonsheri (Carmel)
St. Bartholomew Church - Kalayan - East

Solo Singing

Sacred Heart Church - Bhayander
St. Alphonsa Church - Mankhurd
Immaculate Conception Church - Dombivli
Carmel Parish - Vadagaonsheri (Carmel)
St. Marys Church - Boisar

Forane

Nashik
Borivali
Navi Mumbai
South Mumbai
Borivali

Thane
Kalina
Panvel
Kalyan
Pune

Antop Hill
Powai
Borivali
Kalyan
Pune

Panvel
Navi Mumbai
Powai
Pune
Navi Mumbai

Navi Mumbai
Thane
Navi Mumbai
Thane
Kalyan

Vasai
Borivali
Antop Hill
Navi Mumbai
Nashik

Vasai
Pune
Navi Mumbai
Pune
Kalyan

Borivali
Antop Hill
Kalyan
Pune
Vasai

Rank**Name**

1st Prize Ashlin Joy Elavathingal
 2nd Prize Rhea Jison
 3rd Prize Kathryn Shaju Pandaravalappil
 4th Prize Gretel George
 5th Prize Dhruv Lazar

1st Prize Aparna Jaiby
 2nd Prize Reuben Anil Arakkaparambil
 3rd Prize Geethu Johnychan
 4th Prize Esther Paulson
 5th Prize Tania C Ambrose

1st Prize Elizabeth Saju
 2nd Prize Celine Jaison
 3rd Prize Dennis Thomas
 4th Prize Deign Davis
 5th Prize Tiah Tity Thomas

1st Prize Sharon Sibi Thundiyl
 2nd Prize Reuben Nelson
 3rd Prize Sherin James
 4th Prize Jisna Bosco Vadakethala
 5th Prize Amelia Prince

1st Prize Chiara Bennychan Kochuveetil
 2nd Prize Alex
 3rd Prize Chanchal
 4th Prize Aathya Devassy
 5th Prize Ann Maria Philip Parappan

1st Prize Lidiya Dominic
 2nd Prize Alexander Austin
 3rd Prize Mundiyanickal Shun Joseph
 4th Prize Kevin Ruffin Cheruthuruthy
 5th Prize Merlin Mathew Madappillil

1st Prize Vineet Paul
 2nd Prize Joel Anto
 3rd Prize Kevin Basil
 4th Prize Harrison (kurian Joseph) Seby
 5th Prize Kizhakethil Samuel Cecil

1st Prize Maria Edassery
 2nd Prize Aleesha Joykutty Kallupurackal
 3rd Prize Sherin Thomas
 4th Prize Angelica Sebastian
 5th Prize Greeshma Chacko

1st Prize Jeswin Thomas
 2nd Prize Rosy John
 3rd Prize Koilparambil Christeena Stanlee
 4th Prize Densy Joy Mundan Puthusery
 5th Prize Suby Theresa Varghese

1st Prize Anjali Reji George
 2nd Prize Solomon Varghese
 3rd Prize Jincy Sabu
 4th Prize Annmaria Johnson
 5th Prize Kevin Shyjo

Elocution**Parish**

St. Thomas Catholic Church - Dapodi
 St. Thomas Syro-malabar Church - Vashi
 Amala Matha Church - Mulund
 St. Josephs Church - Chembur
 St. Josephs Church - Chembur

Bible Verse Writing

St. Thomas Syro Malabar Church - Miraroad
 Holy Trinity Church - Thane
 St. Alphonsa Forane - Kalewadi
 St. Josephs Church - Powai
 St. Marys Church - Boisar

Biblical Crosswords

St Therese's Church - Kandivli - West
 Sacred Heart Church - Bhayander
 St. Jude Centre, sanpada
 Little Flower Church - Mahatma Nagar
 St. Alphonsa Church - Vasai - West

Painting

St. Thomas Syro-malabar Church - Kalyan-west
 St Therese's Church - Kandivli - West
 St. Thomas Church - Vasai - East
 St. Thomas Catholic Church - Dapodi
 Christ The King Church - Bhandup

SENIORS**Psalms Recitation**

Little Flower Catholic Church - Nerul
 Carmel Parish - Vadagaonsheer (Carmel)
 Carmel Parish - Vadagaonsheer (Carmel)
 St. Josephs Church - Chembur
 St. Thomas Syro-malabar Church - Kalyan West

Elocution

St. Alphonsa Church - Nashik Road
 St. Josephs Church - Powai
 St. Alphonsa Church - Mankhurd
 St. Thomas Catholic Church - Dapodi
 Amala Matha Church - Mulund

Instrumental Solo-Keyborad

St. Thomas Church - varthak Nagar
 Mother Of Victory Church - Tikujiniwadi
 St. Jude Centre, Sanpada-sub Centre of LF Church
 Mary Matha Church - Sakinaka
 St. Alphonsa Church - Mankhurd

Biblical Crosswords

St. Thomas Church - Vasai - East
 Little Flower Catholic Church - Nerul
 St. Alphonsa Forane - Kalewadi
 Christ The King Church - Bhandup
 San Jos Church - Wagle Estate

Painting

St. Sebastian Community Centre, Goregaon East
 Sacred Heart Catholic Church - Ulbernath
 St. Pauls Community Centre - Ulhasnagar
 Infant Jesus Church - Vikhroli
 St. Joseph Church - Rasayani

Fruit/Vegetable Carving

Infant Jesus Church - Kharghar
 St. Joseph's Church, M.c.road
 St. Alphonsa Forane - Kalewadi
 St. Alphonsa Church - Vasai - West
 St. Josephs Church - Powai

Zone

Pune
 Navi Mumbai
 Powai
 Antop Hill
 Antop Hill

Borivali
 Thane
 Pune
 Powai
 Vasai

Malad
 Borivali
 Navi Mumbai
 Nashik
 Vasai

Kalyan
 Malad
 Vasai
 Pune
 Powai

Navi Mumbai
 Pune
 Pune
 Antop Hill
 Kalyan

Nashik
 Powai
 Antop Hill
 Pune
 Powai

Thane
 Thane
 Navi Mumbai
 Kalina
 Antop Hill

Vasai
 Navi Mumbai
 Pune
 Powai
 Thane

Malad
 Kalyan
 Kalyan
 Powai
 Panvel

Navi Mumbai
 Andheri
 Pune
 Vasai
 Powai



MANGALA CARGO CORPN.

HOUSEHOLD PACKERS & MOVERS

മംഗള കാർഗോ കോർപ്പറേഷൻ

നിങ്ങളുടെ വീട്ടുസാധനങ്ങളും കച്ചവട സാമഗ്രികളും പായ്ക്ക് ചെയ്ത് പൂർണ്ണ ഉത്തരവാദിത്വത്തോടും ഇൻഷുറൻസോടും കൂടി ഇന്ത്യയിൽ എവിടേയും എത്തിക്കുന്നതിനും തിരികെ കൊണ്ടുവരുന്നതിനും ഞങ്ങളെ സമീപിക്കുക.

Own Vehicle

Contact:

C. L. DAVID VALAPPILA

9323196882 / 9821222065
9167534571

Dombivali

0251 - 2820095
0251 - 2822044

Branch Office:

Kannur, Calicut, Trichur, Ernakulam,
Kottayam, Kollam and Trivandrum

Plot No. 233,
Sector - 26 A, Vashi,
Navi Mumbai - 400 705.
022 - 2783 1608

For Regn. & Advt. please issue cheque in favour of "ST. BARTHO CHARITABLE FOUNDATION"



Fair, 24 / 164 / 50 / Computer Stream / Sr. Software Engineer in an MNC company / Parents from TCR / 022-27424318 / 9821919729 / wilma.johnson91@yahoo.in
GOC201525123



Medium, 28/163/62 / B. Com with Diploma in Export Import/ working in MNC as Export Documentation Executive / Parents from TCR / Contact 9920926018 / seema87sweet@gmail.com
GOC201415827

Medium, 27 / 152 / 45 / B.Sc. IT / Presently working as Web Content Management / Parents from Kottayam / 9028700352 / philiprosary@gmail.com
GOC201525428



Fair, 32 / 163 / 70 / IT Engineering / Presently working as Project Manager / Parents from TCR / 022-28067612 / 9769100722 / jasmineag@gmail.com / creativejoseph@gmail.com
GOC201521107



Alliance invited for R.C. Latin fair skin bride, average built, Mumbai based, 26 / 5.2 / 63 Grad. in BMM, pursued animation course. Working in Mumbai. Parents from Quilon. Looking for qualified and employeeed Groom. Contact: 27711808 / 9619201961 / ayesudasan@gmail.com
GOC201519452



Fair, 28 / 164 / B.Sc. Micro Biology / working as CSSD Technician at UAE / Parents from TCR / 9819114820 / joe.paul304@yahoo.co.in
GOC201522695

Fair, 27 / 5.6 / 58 / M. Com. / Working as an Executive Assistant in Mumbai / parents from TCR / 8898852188 / raisyanthony@gmail.com
GOC201415535



Moderate Fair, 28 / 172 / 73 / MS Mfg. Engg. / BE Mech. Engg. / Presently working as Manufacturing Engineer / Parents from TCR / 022 - 25780279 / 9324606932 / jomyfrancis19@gmail.com
GOC201525432



Fair, 34 / 5.10 / 72 / B.Com + MBA from Bradford University UK / Working as a Manager / parents from TCR / 022 - 25831503 / 9833871275 / thepidiathfamily@jomy.net
GOC201520951



Fair, 29/185/86 / BE (Biomed.), Dip. in Extc./ H.Mgmt., MBA - E (IIT Bombay), Presently working as Chief Engineer (Biomedical) & Consultant in Mumbai's Health Care Unit / Parents from EKM / 9869204464 / 9757395770 / jsmol23@rediffmail.com
GOC201415943

Medium, 31 / 183 / 85 / Kohinoor IMI Khandala affiliated with Lucerne, Switzerland / Account Manager, Catering - The St Regis Mumbai / 022 - 29270298 / 9820312529 / rajwilly@yahoo.com
GOC201525229



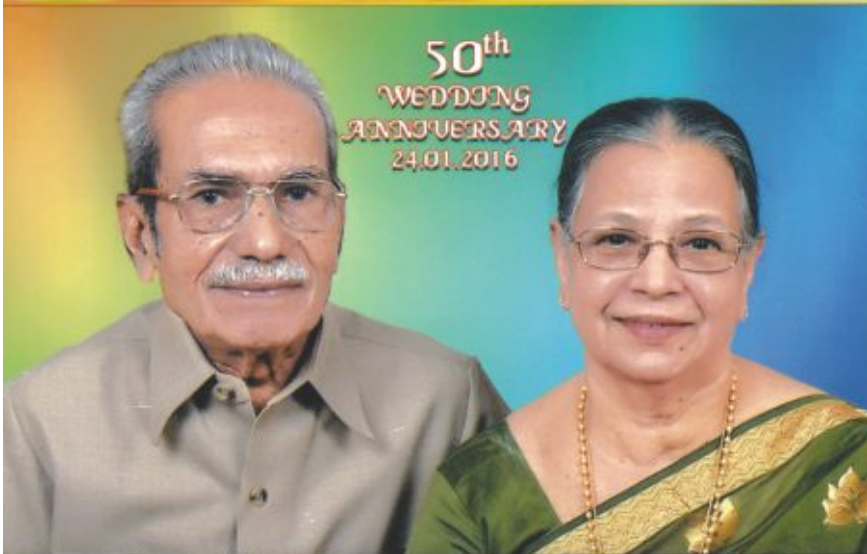
THANKSGIVING TO ST. JUDE

Annie Vincent — Kalyan (E)
Kurian Joseph — Dombivli

THANKSGIVING TO MOTHER OF VICTORY

Philomina Lorange — Kalamboli

**MAY THE LOVE YOU HAVE SHARED
FOR OVER HALF CENTURY
CONTINUE FOREVER MORE....**



**50th
WEDDING
ANNIVERSARY
24.01.2016**

Mr. P.D. THOMAS

&

Mrs. GRACY THOMAS

**Happy 50th
Anniversary**

**Mummy & Daddy
- Wishing you both
good health &
many more years of
togetherness,
loving children...**

**Sons - Dennis
Dantis**

Daughters i/l

**Rose
Dr. Siji**

Grand children

**Austin, Jovita
Joel**

Born to eternal life

Eternal rest grant unto them. O Lord, perpetual light
shine upon them. May their souls rest in peace

25th Death Anniversary

17th Death Anniversary



Pellissery Ouseph Mathew
Date of Birth: 25-02-1910
Died: 06-11-1990



Mariyam Mathew Pellissery
Dae of Birth: 10-01-1914
Died: 22-01-1999

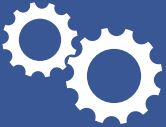
Fondly remembered by

Sons - daughters
Daughter - in - Laws.
Son - in - Laws
Children
Great grand children
Great great grand children
Twinkle & Meenu

David P. Mathew
Vignaharta CHS Ltd.,
Jimmy Baug, Kalyan (E).
Tel.: 0251-2354873

Startup
of the year

puthuvalsara aashamsakal 2016



Software
Development



Database
Management



Website
Development



eCommerce
Development



Mobile Apps
Development



Digital
Marketing



Social Media
Promotion



Branding
Print



Technology
Services



Storage
Backup



Cloud
Services



Surveillance
Video Analytics



TurtleDove Technologies

B-106/602, Oxford Chambers, Opp. MTNL Telephone Exchange, Sakivihar Road, Powai, Mumbai 400 072, INDIA.
felix.thattil@turtledove.co.in | +91.7738844444 | +91.22.28574442 / 8 | www.turtledove.co.in

ISO 9001:2008 | ISO 27001:2013

Bringing happiness to your life.
Every day.



blackswanindia.com

Be it a travel card for the globetrotter or a mobile app that lets you shake & transfer money, South Indian Bank strives to bring happiness to your life. In more ways than one.



Experience Next Generation Banking

The South Indian Bank Ltd., Regd. Office, SIB House, P.B. No. 28, Thrissur, Kerala, PIN-680 001, Ph: 0487 2420020, Fax: 0487 2426187
Toll Free (India): 1800-843-1800, 1800-425-1809 (BSNL), Email: sibcorporate@sib.co.in | CIN : L65191KL1929PLC001017

South Indian Bank is a member of BCSBI and is committed to treat customers in a fair, transparent and non-discriminatory manner.